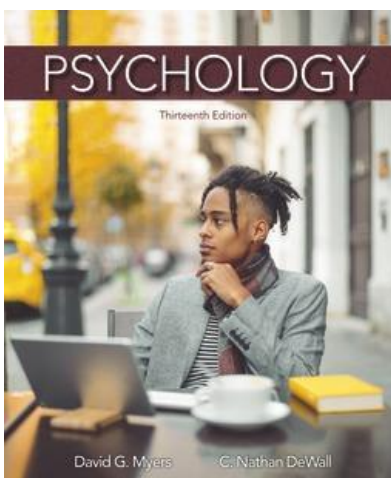


Psychology 100B



Introductory Psychology II

Social and Applied Emphasis
Summer Term (June) 2024 (31361)



**Please note: Although an unlikely event, I reserve the right to modify this syllabus. Any changes will be announced to you in advance (both in class and posted on Brightspace).*

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Psychology 100B – Introductory Psychology II

Social and Applied Emphasis

Summer Term (June 06 - 28) 2024

MTWTHF 10:30 – 12:20

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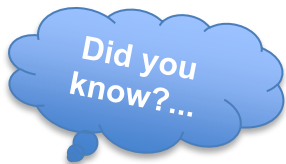
WELCOME TO PSYCHOLOGY 100B

I acknowledge and respect the Lək'wəḡən (Songhees and Esquimalt) Peoples on whose territory the university stands, and the Lək'wəḡən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day.

I recognize how privileged I am to learn, work, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructor of this course, I welcome you to Psychology 100B! This is an intensive 3.5-week course and I've put a lot of thought into how to deliver this course in a way that helps you understand and apply important theories and concepts. I am passionate about psychology and hope to engage you in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world. I hope this course will interest and challenge you.



Did you know that worldwide, Introductory Psychology is one of the most popular classes in post-secondary institutions? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting! Yet the very familiarity of psychology can pose a problem. Although we believe we have good, commonsense views of psychology, our perspectives are fundamentally shaped by our personal experiences, contexts, and folk wisdom. Our perspectives can be correct, but they can also interfere with our approaching the study of behaviour from other points of view. I am here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

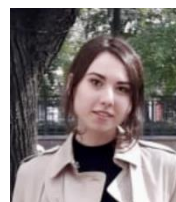
This semester, we have up to 100 UVic students taking this course and I hope to engage in conversations with as many of you as I can. I encourage you to take the initiative and contact me during my office hours, after class, or by e-mailing me.

Dr. Rourke

We wish you the best for a successful and productive learning experience in Psychology 100B!



Dr. Jessica Rourke (she/her)
Instructor
jrourke@uvic.ca



Maria Stepanyan (she/her)
Teaching Assistant
mstepanyan@uvic.ca

WHOM SHOULD I CONTACT IF I HAVE A QUESTION?

With up to 100 students in this course, responding to your email can take us a day or two – we thank you in advance for your patience and understanding! **Often, questions we receive could have been answered with information in this course syllabus!** Please, before you send us a question, check if the answer is in this course syllabus or elsewhere on Brightspace. Another option is to check if your peers know the answer (e.g., post your question in the relevant discussion forum section on Brightspace).

If the above ideas don't yield you an answer, use the table below to determine whom to contact with your question/comment. **In your subject heading, please include "PSYC 100B" and in your signature, please include your first and last name, as well as your student number.**

<u>If you have questions/comments regarding:</u>	<u>Contact:</u>
<ul style="list-style-type: none"> • Course and test accommodations • Test scoring, make-up tests • Online quizzes or assignments 	Maria: mstepanyan@uvic.ca
<ul style="list-style-type: none"> • Class material 	Dr. Rourke: jrouke@uvic.ca
<ul style="list-style-type: none"> • Textbook material 	Maria: mstepanyan@uvic.ca or Dr. Rourke: jrouke@uvic.ca
<ul style="list-style-type: none"> • Research participation bonus points 	Research participation coordinator Dr. Grouzet: psycresearch@uvic.ca
<ul style="list-style-type: none"> • Technical issues with computer, e-mail, Brightspace, NetLink ID, login, password problems 	Computer help desk (helpdesk@uvic.ca ; 250-721-7687)

MATERIALS: WHAT WILL I NEED FOR THIS COURSE?

Required Text

- Myers, D. M., & DeWall, C. N. (2018). *Psychology* (13th ed.). Worth Publishers.

Achieve (online study resource) comes included with the textbook if you purchase it new through the UVic bookstore. Although not required for the course, I recommend purchasing it, as it will help in your learning of the course material. You can purchase the textbook through the UVic Bookstore. I recommend ordering your textbook as soon as possible because it may take some time for you to receive it (even the ebook!). This is the same textbook used in Psyc 100A, so if you've taken that section, you may already own it!

You have the option to purchase a new textbook in one of two ways: as an ebook (\$69.95) **OR** as looseleaf pages (\$135.95) that go into a binder

Both options include access to Achieve and 4-year access to an online version of the text (at the publisher's Achieve website – see "Achieve – Optional Online Resource Material" below for more information), as well as a two-year subscription to iClicker (see "iClicker" below for more information).

To purchase your textbook (and Achieve), go to the UVic bookstore website then search for Psyc 100B A01: <https://www.uvicbookstore.ca/text/>

After purchase, **access the textbook online ("Achieve")** via our course website:

TBA on our Brightspace site

Achieve - Optional Online Resource Material

If you purchase your textbook from the bookstore, you will also receive an access code for the textbook online site (Achieve). This site contains extra quizzes and videos to help with your understanding of the course material. Although recommended, it is not mandatory to do the “extras” on Achieve for this course.

To access the textbook online ("Achieve") go to our course website: TBA on our Brightspace site

If you are registering directly on the Achieve platform (i.e., not using the link above), note that you will need to enter a course code: TBA on our Brightspace site

Please bookmark the page to make it easy to return to.

- For further guidance on accessing and utilizing Achieve, see:
<https://sites.google.com/macmillan.com/achieve-checklist-student/home?pli=1>
- You can reach a virtual representative 24 hours a day, 7 days a week through the online form: <https://mhe.my.site.com/macmillanlearning/s/>

Required Technology

iClicker Personal Response System is needed to participate in class to earn up to 3% of your final mark.

There are two options: *See page 11 and Brightspace for information about creating your iClicker account.

- 1) iClicker Student (formerly iClicker Reef): This application can be used on a personal device (laptop, smartphone, or tablet). If you purchase a 13th edition textbook through the UVic Bookstore, it comes with a **2-year free subscription** to the online iClicker software. To receive your 3% participation points, you must create an account (<https://student.iclicker.com/#/login>).
- 2) iClicker 2: This is a physical remote that can be purchased at the bookstore new or used (also usable in other courses that use iClickers) and can be sold back to the UVic bookstore just like with textbooks. Only second-generation iClickers can be used (if you use the original iClicker you may not be able to respond to all the questions in class). To receive your participation points, you must register your remote online at <https://student.iclicker.com/#/login>, NOT the iClicker.com website.

*Did you know **Microsoft 365**, including access to OneDrive storage and Microsoft Office applications, is **available to all students**? Instructions at: <https://onlineacademiccommunity.uvic.ca/O365/>

Course Website

The PSYC 100B website is accessible through Brightspace (<https://bright.uvic.ca>) and includes all course material, recordings of lectures, chapter summaries, quizzes, assignments, and test information. To access Brightspace you need a valid UVic **NetLink ID**. To register, go to the NetLink website (<http://netlink.uvic.ca/>) and follow the directions. If you cannot access our Brightspace site after receiving your NetLink ID, contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

- **At first, you'll only see the section “Course Information”, “Assessment Information”, and “Ch 5 Module” Complete the Syllabus Scavenger Hunt in the “Course Information” section to unlock the rest of the available course material.**
 - **Why do I have to complete a syllabus scavenger hunt?** The syllabus is the most important document in this course and often, questions students have about the course can be answered with information from this document, so it's important you are familiar with it.

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting, complex scientific discipline, and is an essential part of the helping professions. I have designed PSYC 100B to provide an overview of:

- the main areas, concepts, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles from diverse perspectives that serve as a foundation for taking more advanced courses in psychology and related disciplines
- biological, social, and cultural factors that influence behaviour and mental processes
- how psychological principles help people lead better, healthier lives, and solve real world problems
- how to locate and utilize psychological research information

Whereas **PSYC 100A focuses on** the historical, methodological, biological, learning, and cognitive aspects of psychology, **PSYC 100B focuses on** lifespan development, human intelligence, social psychology, personality, psychological disorders, and psychological treatment. You do not have to take PSYC 100A before or after you've completed PSYC 100B, but if you wish to take any further courses in psychology at the University of Victoria, you must complete both PSYC 100A and 100B.

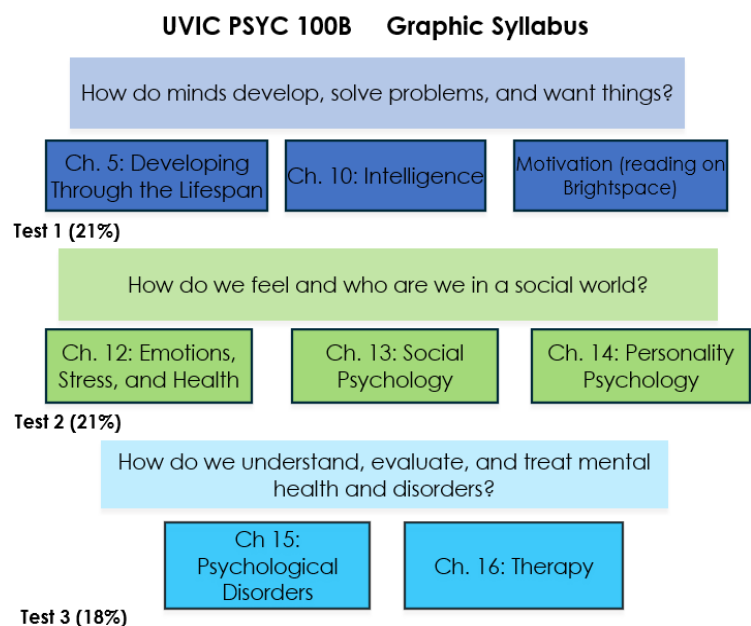


PLEASE NOTE: This is a psychology course in which we will be discussing topics related to mental health, psychological disorders, and psychological treatment. You will be expected to engage with material pertaining to these topics.

WHAT IS THE FORMAT OF THIS CLASS?

Each weekday, we will meet in class for lecture. Each week on Brightspace, Modules corresponding to a chapter in the textbook and relating to one or two days of class, will be released. Each Module will contain:

- **Textbook reading.** One assigned textbook chapter (or Brightspace section) for you to read and a chapter summary highlighting important concepts from the textbook.
- **Chapter quiz.** A short online quiz related to the chapter material (prior to tests, there will also be a pre-test quiz). Quizzes are low-stakes assignments designed to help you stay on track with your reading! You only need to submit 8 of the 11 quizzes.
- **Assignments.** You are asked to complete 2 of 3 critical reflection assignments. Information about assignments can be found in our "Assessment Information" Module.



Tentative Course Schedule

Day	Topic; Reading	Tests/Notes	Assignments & Web Surveys Due 11 PM	Quizzes Due 11 PM
June 06, 07	Module 1: Ch. 5 Introduction to course; Lifespan Development	Submit things before the last minute, to avoid technical issues – late submissions will not be accepted.		
		June 08: last day to drop courses and receive 100% of tuition fees		
June 10	Module 2: Ch. 10 Intelligence		WS1 Mon June 10	Q1 (Ch 5) Mon June 10
June 11 <i>*online recordings</i>	Module 3: Reading on Brightspace Motivation	*NO in-person class; please watch uploaded videos on Brightspace		Q2 (Ch 10) Tues June 11
June 12, 13	Module 4: Ch. 12 Emotions, Stress, and Health	June 14: last day to drop courses & receive 50% of tuition fees	A1 option 1 – Wed June 12 (you must complete 2 of 3 options)	Q3 (Motivation reading) Wed June 12 Q4 (pre-test 1: Ch 5, 10, Motivation reading) Thurs June 13
JUNE 14	Test 1 (Fri June 14, 10:30am) - Ch 5, 10, Motivation (no class lecture afterwards)			
June 17, 18	Module 5: Ch. 13 <i>*Omit p. 483-487 & 495-500*</i> Social Psychology	June 20: Final day to submit request for alternative to research participation bonus credit	WS2 Mon June 17	Q5 (Ch 12) Mon June 17 Q6 (Ch 13) Tues June 18
June 19, 20	Module 6: Ch. 14 Personality	June 22: last day to drop courses without penalty of failure	A1 option 2 – Wed June 19 (you must complete 2 of 3 options)	Q7 (Ch 14) & Q8 (pre-test 2: Ch 12, 13, 14) Thurs June 20
JUNE 21	Test 2 (Fri June 21, 10:30am) - Ch 12, 13, 14 (no class lecture afterwards)			
June 24, 25	Module 7: Ch. 15 Psychological Disorders		WS3 Mon June 24	Q9 (Ch 15) Tues June 25
June 26, 27	Module 8: Ch. 16 Therapy; Course Wrap-up		A1 option 3 – Wed June 26 (you must complete 2 of 3 options)	Q10 (Ch 16) & Q11 (pre-test 3: Ch 15, 16) Thurs June 27
			WS4 Fri June 28	
Last day for Research Bonus Points: Friday June 28, 5pm				
JUNE 28	Test 3 (Fri June 28, 10:30am) - Ch 15, 16 (no class lecture afterwards)			

***Every quiz, web-survey, and assignment** have a 24-hour extension built-in, which means if you need an extension for an assessment, you don't need to email to ask for one.

HOW WILL MY PROGRESS BE EVALUATED / FINAL GRADE BE CALCULATED?

I've devised many ways for you to obtain marks in this course. Your final grade in this course is based on the following criteria:

Percent of grade	Evaluation tool	Date(s)
21%	Test 1 (Chapters 5, 10, Motivation reading)	Fri June 14 (in-class test beginning at 10:30am)
21%	Test 2 (Chapters 12, 13, 14)	Fri June 21 (in-class test beginning at 10:30am)
18%	Test 3 (Chapters 15, 16)	Fri June 28 (in-class test beginning at 10:30am)
12%	Online Quizzes (due by 11pm)	June 10, 11, 12, 13, 17, 18, 20 (2 quizzes), 25, 27 (2 quizzes) It's in your best interest to complete all 11 quizzes... You are asked to complete 8 of the 11 quizzes. If you need it, each quiz has a built-in 24-hour extension
4%	Web Surveys (due by 11pm)	June 10, 17, 24, 28 You are asked to complete 4 web surveys (each worth 1%) related to your learning in the course. If you need it, each web survey has a built-in 24-hour extension
3%	iClicker participation (in-class)	On most class days, beginning Monday June 10, you can obtain iClicker participation points. To receive full points, you only need to receive participation marks for 75% of the classes.
21%	Assignments (due by 11pm)	Two Critical Reflections (21%: 10.5% each) <ul style="list-style-type: none"> • June 12, 19, 26 • Complete 2 of 3 options If you need it, each assignment option has a built-in 24-hour extension

*In addition, there are **bonus points for research participation**, up to a maximum of 2% (See "Extra Credit for Research Participation" section on p. 12 for details).

Each quiz, web survey, and assignment have a **built-in 24-hour extension. I recommend you complete assessments by the due date, but if you need an extension, you don't need to email asking for one – you automatically have a 24-hour extension.

***I suggest you complete all course components, however, **you must complete all 3 tests** to receive course credit. Failure to complete all 3 tests will result in a grade of "N" regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0.

****In accordance with the [University's policy on academic concessions](#), "A student who completes all course requirements is not eligible for an academic concession". Consequently, students can only request deferrals for the completion of the 3 tests (required components) of this course.

Cutoff Points for Marks

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

***Please note** that an A+, A, or A- is earned by work which is technically superior, shows mastery of the subject matter, and in the case of an A+ offers original insight and goes beyond course expectations.

Tests (60%)

You will write three multiple choice tests in class. Tests are non-cumulative (they only cover material since the previous test). All course material is testable (lectures, textbook chapters, etc.). Tests will begin promptly at 10:30am on test days. You are responsible for attending tests as scheduled.

**If one of our tests falls on a religious holiday that is important to you, please let me know and we'll figure something out.*

What do I do if I miss a test due to illness?

Contact your TA as soon as possible and explain why you missed the test (you do *not* have to submit the *Request for Academic Concession* form as it only applies to tests written in the final test period). Your TA will inform you when your make-up test will be held.

**If you miss a test and fail to contact your TA within 2 days of the test date, we will consider you to have missed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.*

What do I do if I require special arrangements for tests due to a diagnosed condition:

1. You must be officially registered with the Centre for Accessible Learning – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. We will automatically be informed of your registration with them.
2. Prior to your test, if you have any questions about your accommodation, please contact your TA.

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the Centre for Accessible Learning and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Quizzes (12%)

Why do you assign online quizzes?

The online chapter quizzes are meant to give you an added incentive to keep up with your reading in the course (this is especially important in a 3.5-week course!) and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook.

- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- The quizzes consist of a total of 11 quizzes: 8 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-test quizzes designed to encourage you to study in advance of each test. You are only asked to **complete 8 of the 11** quizzes (although I recommend you complete them all – **only your top 8 marks will count toward your grade!**)

I strongly advise you complete quizzes prior to the last minute, that way, you'll have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted. If you need it, each quiz has a built-in 24-hour extension.

What if I miss an online quiz?

You will have 11 quiz opportunities but only your best 8 of the 11 will count toward your grade. Each quiz has a built-in 24-hour extension. If you miss one, it can simply be dropped as one of your 3 "freebies." The 8-out-of-11 system is designed to give you flexibility in case circumstances keep you from completing on time.

If you choose to discard your flexibility early in the course and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because there is a built-in extension + you can miss 3 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” three quizzes are considered as make-up quizzes.

What if I have technical issues logging on or completing the quiz?

Brightspace will close the quizzes automatically after the built-in 24-hour extension (11pm) on the schedule (p. 7). Please make sure you have completed the quiz *BEFORE* this time – due date extensions will not be permitted. I strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** contact the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact your TA.

Assignments (21%)

Twenty-one percent of your grade in PSYC 100B is derived from your completion of two Critical Reflections (10.5% each) debunking a psychological myth. You will be asked to integrate scientific research, demonstrate accurate knowledge of the material, and provide a supported reflection. In other words, you need to do some academic research to support your response! For your critical reflections, you get to choose from three options (you only need to submit two). Although I recommend submitting by the due date, if you need it, each submission option has a built-in 24-hour extension.

Why critical reflections?

Tests and quizzes assess your learning of material covered in lectures, the textbook, and participation activities. The critical reflections go outside of that and are designed with the following goals in mind:

- Curiosity and research are critical components to success in university. These critical reflections give you an opportunity to explore relevant information that extends beyond what you learned in lectures and the textbook.
- Effective research and writing are foundational to succeeding in university. These critical reflections will help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning.
- Critical reflections and formulating supported opinions are fundamental to success in academia as well as life in general. Critical reflections allow you to think about information in a deeper way and to formulate a substantiated opinion.
- Work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style). These critical reflections give you the opportunity to learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references.

What if I miss an assignment deadline?

- Submitting on time is important, so we can give you feedback that might be useful to you in the subsequent assignments. Remember, if you need it, each submission option has a built-in 24-hour extension. However, if you miss the deadline, it is possible to submit late. To reward those who do complete on time, there will be a 5% grade deduction per late day for late submissions.

- If you need an extension on an assignment due to illness or a personal emergency (or if you have a CAL accommodation), please contact us and we'll do our best to work something out.

Web Surveys (4%)

Four percent of your final grade will be based on the completion of four web surveys. There are 4 web surveys – each web survey will be worth 1% of your final grade and each will take you between 15 – 30 minutes to complete (Web Survey 3 may take you more time, depending on which option you choose).

You are strongly advised to complete the surveys before the due date so you can seek help if you have technical issues, or if you get sick the day the survey is due. If you need it, there is a built-in 24-hour extension for each web survey. Late submissions will not be accepted.

iClicker Participation (3%)

Three percent of your final grade will be based on your in-class participation using the iClicker Personal Response System. Please note, a 2-year subscription to the iClicker Student (formerly iClicker Reef) app/program is included for free when you purchase your textbook new through the UVic bookstore. You can also purchase an iClicker remote if you would like, but it is not necessary.

Why do we use Clickers in class?

Clickers are used to work together through questions posed in class. When used effectively, iClickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. Clickers can also provide immediate feedback about your understanding of the class material and help your instructor figure out how to improve your understanding of a concept.

Information on how to access your iClicker account is on our Brightspace page, in the “Assessment Information” section

Attend at least 8 of the 11 iClicker classes. iClicker points will be based on participation in PSYC 100B classes on the following 11 dates: June 10, 12, 13, 17, 18, 19, 20, 24, 25, 26, 27

If you participate in clicker questions in 72% or more of the above 11 classes (i.e., 8 or more classes), you will receive the maximum 3% toward your final grade.

If you participate in fewer than 8 classes, you will receive the following percentages:

7 classes: 2.63%	4 classes: 1.5%	2 classes: 0.75%
6 classes: 2.25%	3 classes: 1.13%	1 class: 0.38%
5 classes: 1.88%		

What if I miss an iClicker class?

Because you only need to participate in 8 of 11 iClicker classes, the additional iClicker classes serve as “make-up” classes for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.). No additional opportunities are offered, nor will your grade be prorated.

It is an academic infraction to use or bring another student’s iClicker to class, or to lend your iClicker to another student. This will be treated similarly to other academic infractions (e.g., cheating on a test) and subject to university disciplinary procedures. Please remember iClickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

When will I see my iClicker participation grades?

Updated iClicker records will be posted to our Brightspace page (under “Grades”) within a few days after Test 1 and after Test 2. Your final iClicker totals will be posted shortly after Test 3. If you have a question about your final iClicker points, please address this within 2 business days of Test 3 as final course grades are calculated shortly after Test 3, and your iClicker totals, as posted, are used to calculate your final grade.

Please check your clicker record by June 26 to make sure you have at least one clicker point posted, and are receiving correct credit for your clicker participation. Only students who have a posted record on Brightspace of at least one iClicker point by this date will be eligible to receive any iClicker points for the term. **Students who do not have any posted clicker points by June 18 will receive 0 on their final clicker total (out of 3%)** regardless of iClicker activity after that date. This deadline is in place to ensure that any iClicker registration issues are rectified early in the term, and to encourage students to begin their iClicker participation as early as possible.

If you have questions about your iClicker points, please contact your TA.

Bonus Research Participation (+2%)***Information about how to sign up for research participation is available on Brightspace.***

An important component of Psyc 100B is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology conduct research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. To encourage you to participate in this research, I have arranged for you to earn extra credit toward your course mark by participating in approved research.

By participating in such research projects you will experience first-hand how psychological research is done. Once your participation is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A departmental committee has reviewed and approved all the projects available to you for bonus points, and the projects have also been approved by the University’s Human Research Ethics Board.
- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance will have no effect on your course marks.
- You will receive 0.5 points for each 30 minutes of participation, up to a maximum of 2 points. You may participate in as many projects as you wish, but you will receive no more than 2 points for this class, and you may not carry over points from one term to another. ***Note that although I have set 2 points to be a maximum, the opportunity to earn all 2 points may not be available, as this depends on the number of research projects requiring participants.***
- You may participate in any given project only once and you cannot use the same points for multiple courses. The last day for participation is the last day of classes (Friday June 28, 5pm).

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your instructor (jrouke@uvic.ca) **no later than June 19** to arrange for an alternative option involving written assignments.

WHAT ARE YOU EXPECTING FROM ME?

Psychology is a scientific discipline, and it requires considerable thought and time to develop an understanding of psychological research and principles. I expect you to complete the assigned daily materials, to attend and engage in class (and office hours when needed), and to spend the necessary amount of time each day, outside of class time, toward mastering the course material.

Attend class sessions and office hours (if needed)

Attending our daily classes will help to increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor, TA, and your classmates. I encourage you to bring your questions and ask for clarification, or to bring examples that you found useful in illustrating some of the concepts.

Manage your time

Intensive summer courses can be tricky to complete if you don't stick to a schedule. Be prepared for tests by completing the assigned readings, chapter quizzes, and other assignments in accordance with the schedule provided above. Set aside blocks of time each day to work on the course material and make sure to attend class and drop into office hours (if needed) during the scheduled times.

Check the Brightspace website often

All course materials will be available through Brightspace: <https://bright.uvic.ca>

Conduct yourself appropriately

Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, opinions, and experiences – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback

I always welcome ideas to improve this course and to facilitate learning. I encourage you to provide constructive feedback about your experiences in the course. Please send me an email or see me in office hours to discuss your suggestions.

Let me know if there are any special circumstances

Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/services/cal/index.php>). The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. I will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails to you instructor and TA

We really do want to hear from you! However, in a large course like PSYC 100, email “overload” can cause problems. To help us manage our email load, please follow these guidelines:

- Please include “PSYC 100B” in your email subject headline and your full name and student number in your signature. **Before you compose your e-mail**, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.

When to email us:

- ✓ To notify your TA that you will have to miss a test due to a medical emergency or a documented family emergency.
- ✓ To ask a simple, short question, e.g., “*What is the date and time of the make-up test?*”
- ✓ To comment about course material, e.g., “*I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if ...*” We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you **pop into one of our office hours or chat with us before or after class!**
- ✓ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

When *not* to email us:

- ✗ When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- ✗ To request a specific mark (assignment, test, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- ✗ To request information about *why* you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out *via* email.
- ✗ To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction during office hours. Also, please see the section “Assessments” on Brightspace for some studying suggestions.

What can I Expect from my Instructor and TA?

We are available to help: We are available to help via e-mail and office hours. See section “Whom should I contact if I have a question” (p. 4) to find the correct person to reach out to.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or more generally your interest in Psychology.

We will give and receive feedback: We will be available in office hours to give feedback on the assignments and tests. We are also open to receiving constructive feedback about your experiences within the course.

****If anything on our website (including documents) presents any accessibility issues, please let me know and I can send you the information in plain format.**

HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, web surveys, participate in iClicker questions in class, and complete assignments. These are designed to help you keep up with the material!

Because extra “make-up” quizzes (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes are not arranged. It is therefore important to submit things before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester.

It is also important to check your marks on the tests. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your goal, **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet in groups of 2 – 4 people (you can of course be more, but we’ve found that range to be ideal) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that’s one of the best ways to learn!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity

My intent is that:

- students from diverse backgrounds and perspectives be well-served by this course
- students' diverse learning needs be addressed
- the diversity that students bring to this class be viewed as a resource, strength, and benefit

I aim to present materials and activities that are respectful of diversity: gender, sexuality, ethnicity, race, culture, disability, age, socio-economic status, etc. Your suggestions are encouraged and appreciated. In a constructive way, please let me know how I might improve the effectiveness of the course for you personally or for other students or student groups. If any due dates/test dates conflict with meaningful religious or cultural events in your life, please let me know so we can address that.

This is an intensive 3.5-week summer course. A big part of creating an effective learning environment hinges on you managing your time and making sure you also carve out some time to relax. Please familiarize yourself with the various UVic supports and resources and please feel free to reach out to me or your TA if you have questions about supports and resources.

Thanks for taking the time to read through this syllabus – I’m looking forward to our class together

UNIVERSITY OF VICTORIA

Department of Psychology Important Course Policy Information Summer Session 2024

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy, please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

¹ Syllabi belong to the department through which the course is administered.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment).

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Fall 2023.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites **ARE NOT** exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "[In-Course Extension Form](#)" and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- **What to do if you miss the final exam scheduled during the formal exam period**
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
- **What to do if you require additional time to complete course requirements beyond the normal term.**
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students' Society (UVSS)

The [UVSS](http://uvss.ca) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Summer session – (May – August)

Wednesday, May 8 th	May - August courses begin for all faculties
Monday, May 13 th	May and May-June courses begin
Monday, May 20 th	University Closed (Victoria Day)
Friday, May 31 st	Fee deadlines for summer
Wednesday, June 5 th	May Courses End
Thursday, June 6 th	June Courses Begin
Monday, June 10 th	First registration date for Winter Session 2024/2025
Friday, June 28 th	May-June and June Courses End
Monday, July 1 st	University Closed (Canada Day)
July 1 st and July 2 nd	Reading Break May-August sections only
Wednesday, July 3 rd	July and July-August courses begin
Thursday, July 25 th	July courses end
Friday, July 26 th	August courses begin
Friday, August 2 nd	May-August classes end for all faculties
Monday, August 5 th	University Closed (British Columbia Day)
Tuesday, August 6 th	May-August examinations begin for all faculties
Saturday, August 17 th	May-August examinations end for all faculties
Sunday, August 18 th	July-August and August courses end

Add and drop dates for standard 2024 Summer Session courses

Term	Start Date	End Date	Duration	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
1	May 8	Aug 2	87	May 20	May 23	Jun 9	Jul 3
2	May 13	Jun 28	47	May 19	May 20	May 30	Jun 12
3	Jul 3	Aug 18	47	Jul 9	Jul 10	Jul 20	Aug 2
4	May 13	Jun 5	24	May 16	May 16	May 21	May 28
5	Jun 6	Jun 28	23	Jun 8	Jun 8	Jun 14	Jun 20
6	Jul 3	Jul 25	23	Jul 5	Jul 5	Jul 11	Jul 17
7	Jul 26	Aug 18	24	Jul 29	Jul 29	Aug 3	Aug 10

Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Office of Equity and Human Rights, Sedgewick Building, Room C115

Phone: 250 721 8021

Email: svpcoordinator@uvic.ca

Web: <https://www.uvic.ca/sexualizedviolence/>

BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

Health Services:

The Student Wellness Centre also provides a full service primary health clinic for students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>