

# PSYC 300A

## Statistical Methods in Psychology I

Fall 2024, Section A04, CRN 12907, Version 2024-09-18

### Lectures, Labs and Instructors Information

#### Lectures

- Location: Engineering Comp Science Building, Room 116
  - In the event of any classes needing to be held online students are required to download and use Zoom or Microsoft Teams.
- Time: Monday & Thursdays: 1:00PM – 2:20PM

#### Labs

- Location: MacLaurin Building
- Time: Dependent on section enrolled

#### Lecturer Information

- Name: Byunghoon (Tony) Ahn, Ph.D. (he/him)
- E-mail: btahn@uvic.ca
- Office location: Cornett, B322
- Office hours: Thursday 3:00PM-4:00PM

#### Teaching Assistant Information

- Name: Violet Cieslik
- E-mail: vcieslik@uvic.ca
- Office location: Cornett B030
- Office hours: Fridays 3:30PM-4:30PM

### Territory Acknowledgement

We acknowledge and respect the ləkʷəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and W̱SÁNEĆ peoples whose historical relationships with the land continue to this day.

## Course Description and Objectives

This course is meant to give a brief overview of what statistics are, how they are related to studying psychology, and some basic statistical techniques that can help you make sense of data.

At the end of the course, you should be able to:

- Describe what statistics is, and how it fits into research methods
- Describe different types of statistics
- Know what kind of software are available for you to use for running statistics
- Know the basic workflow of running statistics in research settings
- Be able to run basic statistical techniques
- Realize statistics might not be *that* bad

## Required Textbook

This course will use a textbook titled, *Introduction to Statistics in the Psychological Sciences* by Cote and colleagues. As part of the Open Educational Resources Collection, it's completely free to download and use.

You can download the textbook at: <https://open.umn.edu/opentextbooks/textbooks/709>

I will likely also upload a link on the course website for easy access.

## Course Prerequisites

- PSYC 201
- Academic Writing Requirement (AWR)

## Topics Covered

- Overview of statistics
  - Use cases
  - Descriptive vs. Inferential
  - The types of tests, techniques and why they are used
- How to run statistics
  - Software: R & JASP
  - Fundamental workflow
- Core concepts and procedure behind some basic statistical techniques

- Why does sampling matter in statistics?
- What should we consider when it comes to different types of data?
- What aspect of the data should be considered to draw inferences?
- Communication of statistical findings
  - How to write up reports
  - Basic data visualization

## General Format

### Lectures:

- It is recommended that you read the corresponding textbook pages before attending the lecture.
- A typical lecture will begin with answering key questions the students have asked regarding the course content.
- The lecture will then contain series of mini-lectures paired with small in-class activities.
- The lecture will end with an exit-survey.
- On days of exams, lecture time will solely be dedicated to the examination.

### Lab:

- Dependent on section instructor.

## Microsoft Teams

We'll also make sure of Microsoft Teams during the course, and specifically during the lectures. Please feel free to post questions for the corresponding channels.

## Brightspace

All course materials will be available on Brightspace. Brightspace, which you can access by logging in through MyPage or directly through [bright.uvic.ca](https://bright.uvic.ca). This site will have all course lecture material with the accompanying overheads that are presented in class, as well as the recorded lectures.

## Important UVic Dates

- 2024 Sep. 4: First term classes begin

- 2024 Sep. 17: Last day for 100% reduction of tuition fees for courses
- 2024 Sep. 20: Last day for adding courses that begin in the first term
- 2024 Sep. 30: Last day for paying first term fees without penalty
- 2024 Sep. 30: University closed (National Day for Truth and Reconciliation)
- 2024 Oct. 8: Last day for 50% reduction of tuition fees for standard courses
- 2024 Oct. 14: University closed (Thanksgiving Day)
- 2024 Oct. 31: Last day for withdrawing from courses without penalty of failure
- 2024 Nov. 11: Remembrance Day
- 2024 Nov. 11 – Nov. 13: Reading Break
- 2024 Dec. 4: Last day of classes for first term.

## Course Evaluation

Comprehension of course material will be assessed through:

- a) Lecture exit-surveys (worth 10%)
- b) Online Brightspace Quizzes (worth 15%)
- c) Labs (worth 10%)
- d) Midterm exam (30%)
- e) Final exam (35%)

### Lecture Exit-Surveys (Worth 10%)

At the end of each class, some time will be taken to fill out an Exit-Survey (e.g., 10 minutes). While the exit surveys are primarily designed to encourage participation and reflection, there is a minor point difference based on accuracy. You will earn 5 points for correct answers and 4 points for incorrect answers, so completing the survey ensures almost full credit regardless of your responses.

#### Example Scenario

- Let's say an Exit-Survey for a class has 3 questions.
  - "Student A" answers all 3 questions, but gets 2 questions wrong, and 1 question correct. "Student" A will receive 13/15 (86.67%) for this particular Exit-Survey.

Two (2) Exit Survey with the lowest grade will be dropped.

## Example Scenario

- Let's say "Student B" has missed three Exit-Surveys. They have gotten full marks on all of the other surveys.
  - "Student B"'s lowest Exit-Survey would be both of the surveys they missed (0/15; 0%). Both of these will be dropped from the final grading calculation.

Exit Surveys will open towards end of the class and will remain open for a duration before closing (e.g., 30 minutes). The instructor reserves the right to adjust this time for a better course experience.

## Online Brightspace Quizzes (Worth 15%)

Starting from week 4 of the course, there will be online Brightspace quizzes. Each of these quizzes will be available for you to test the fundamentals of the course materials. Each quiz will be available for unlimited number of times of attempt. They will be multiple choice questions. The quiz content will be cumulative.

## Labs (Worth 10%)

Please consult your lab syllabus.

## Midterm Exams (Worth 30% total; 2 exams worth 15% each)

This course will have two open-book midterm exams. Please bring your choice of laptop or equivalent for your exam. If you require assistance regarding accessing laptops, please contact the instructor as soon as possible.

## Final Exam (Worth 35%)

This course will have an open-book final exam. Please bring your choice of laptop or equivalent for your exam. The exam will be cumulative. If you require assistance regarding accessing laptops, please contact the instructor as soon as possible.

## Course Evaluation Component Requirement

**Failure to complete one or more of these elements will result in a grade of "N" regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0.**

**In accordance with the University's policy on academic concessions, "A student who completes all course requirements is not eligible for an academic concession".**

**Consequently, students can only request deferrals for the completion of required course components and not for non-essential course components.**

## Grading (% of Total Marks)

Your final grade will be a straight percentage rounded at the 0.5% level to provide a whole number for your grade (e.g., 84.50 will be rounded to 85; 84.49 will be rounded to 84)

Note: All deadlines & grades submitted for exams & class exercises are final. There are no make-up labs, no exam alternatives, no bonus or extra assignments that you can do post hoc to alter your grades. The time to invest in achieving the best possible grade is during the course, not afterward.

## Exams

The mid-term exams are scheduled to be written in person during regularly scheduled class time. The grade will be posted on Brightspace following the exam. It is your responsibility to check this posting to ensure the grade is correct. The final exam will be scheduled during the December formal exam period.

## Policy on Missed Midterms

You are responsible for attending midterms as scheduled. If you have missed your midterm exams for whatever reason, the final exam's worth includes the missed midterm exam. This means there will be no make-up midterm exams.

You must attend at least 1 of the midterm exams. **Students who miss both midterms will receive a grade of "N" in the course.**

## Policy on Final Exam

If you are unable to attend the final exam you must apply to Records Services for a "Request for Academic Concession", typically within 10 working days of the exam date. If an academic concession is granted for the final exam, an alternative date to write the make up exam MUST be arranged with the instructor. **Any student who does not take the final exam will receive an "N" in this course.**

Link for RAC – <https://www.uvic.ca/registrar/students/appeals/acad-concession/index.php>

## Academic Integrity

This course has no tolerance towards academic dishonesty and integrity violations. I reserve the right to use cheating detection software or other platforms to assess the integrity of student work. Do not cheat in this class!

## Software for Statistical Analysis (JASP/R)

The lecture (and midterms) will involve the use of JASP. You can also choose to use R. If there's another specific software you'd like to use, please contact the instructor.

The lab will involve the use of R.

## General Statement of Behavioural Expectations

The University of Victoria is committed to promoting, providing & protecting a positive, supportive, and safe learning and working environment for all its members and so am I. If you have any concerns regarding the activities that are intrinsic to PSYC 300A, please see me in the first week of the term.

**Respect for Diversity:** It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender, sexuality, disability, age, socioeconomic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups. In addition, if any of our class meetings conflict with your religious events, please let me know so that we can make arrangements for you.

## Statement of Copyright Notice

All lecture notes and course materials provided to you including all exams and quizzes are my intellectual property, and are made available to students for instructional purposes only. You do not have my permission to distribute my lecture notes or any exams or quizzes from the course,. Such distribution, through note-sharing sites or other means, violates the Policy on Academic Integrity.

## Lecture Tentative Schedule

Please note that this schedule is *tentative*. We will try our best to stay on course.

Week	Date	Topic	Textbook
1	Sep 5 Thu	Course Introduction	
2	Sep 9 Mon	Topic 1: Scales of Measurement	P.5-20
	Sep 12 Thu	Topic 2: Frequency of Distributions	P.25-30
3	Sep 16 Mon	Topic 2: Frequency of Distributions	P.31-48
	Sep 19 Thu	Topic 3: Central Tendency & Variability	P.52-60
4	Sep 23 Mon	Topic 3: Central Tendency & Variability	P.52-69
	Sep 26 Thu	Midterm #1	
5	Sep 30 Mon	Holiday: No Class	
	Oct 3 Thu	Topic 4: Correlation	P. 175-182
6	Oct 7 Mon	Topic 4: Correlation	P. 183-193
	Oct 10 Thu	Topic 5: Regression	P. 198-203
7	Oct 14 Mon	Holiday: No Class	
	Oct 17 Thu	Topic 5: Regression	P. 203-210
8	Oct 21 Mon	Topic 6: Empirical Distributions	P. 70-75
	Oct 24 Thu	Flex Day	
9	Oct 28 Mon	Midterm #2	
	Oct 31 Thu	Topic 7: Probabilities	P. 78-85
10	Nov 4 Mon	Topic 8: Hypothesis Testing	P. 98-105
	Nov 7 Thu	Topic 8: Hypothesis Testing	P. 105-113
11	Nov 11 Mon	Holiday: No Class	P. 87-93
	Nov 14 Thu	Topic 9: Sampling Distribution of the Mean	
12	Nov 18 Mon	Topic 10: Single Sample Hypothesis Testing: Z-Test	P. 98-105
	Nov 21 Thu	Topic 10: Single Sample Hypothesis Testing: Z-Test	P. 105-113
13	Nov 24 Mon	Topic 11: Single Sample Hypothesis Testing: T-Test	P. 116-125
	Nov 28 Thu	Topic 11: Single Sample Hypothesis Testing: T-Test	P. 116-125
14	Dec 2 Mon	Flex Day	

## Lab Tentative Schedule

The lab dates will likely depend on which lab section you are enrolled in. Please check your corresponding lab syllabus.

Week	Date	Topic
2	TBD	Orientation / Scales of Measurement
3	TBD	Frequency Distribution



4	TBD	R Lab: Downloading & installing
5	TBD	R Lab: Getting Started with R
6	TBD	Correlation
7	TBD	Regression
8	TBD	R Lab: Descriptive Statistics
9	TBD	Distributions
10	TBD	R Lab: Correlation / Regression
11	TBD	No Lab
12	TBD	Error Detection
13	TBD	Hypothesis Testing: Z-Test

## Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting [www.uvic.ca/svp](http://www.uvic.ca/svp). If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

- Where: Sexualized violence resource office in EQHR, Sedgewick C119
- Phone: 250 721 8021
- Email: [svpcoordinator@uvic.ca](mailto:svpcoordinator@uvic.ca)
- Web: [www.uvic.ca/svp](http://www.uvic.ca/svp)

## Statement on Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the Centre for Accessible Learning and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

# UNIVERSITY OF VICTORIA

## Department of Psychology Important Course Policy Information Fall Session 2024

### Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

### Attendance and Absences

**Attendance is important.** Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

### Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

### Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy, please contact [privacyinfo@uvic.ca](mailto:privacyinfo@uvic.ca)

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

### Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: [onlineconduct@uvic.ca](mailto:onlineconduct@uvic.ca)

## Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class<sup>1</sup>. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

## Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

## Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

## Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

## Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

## Ombudsperson and Academic Concerns

From the course calendar...

*Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.*

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

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<sup>1</sup> Syllabi belong to the department through which the course is administered.

## Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

**The use of a generative artificial intelligence (AI) is strictly prohibited** in any submitted work (unless expressly endorsed by the instructor as part of an assignment).

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Fall 2023.

The definitive source for information on Academic Integrity is the University Calendar

**Other useful resources on Plagiarism and Cheating include:**

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>  
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: [ombuddy@uvic.ca](mailto:ombuddy@uvic.ca); Web: [uvicombudsperson.ca](http://uvicombudsperson.ca).
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

## Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

## Program Requirements

For more information see the [UVic Calendar](#).

## Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

## Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**  
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "[In-Course Extension Form](#)" and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- **What to do if you miss the final exam scheduled during the formal exam period**  
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
- **What to do if you require additional time to complete course requirements beyond the normal term.**  
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record if the missing work has been deemed required. Note, only required course components may be deferred.

## Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

## Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

### **This classroom is a trans-inclusive space**

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

### **University of Victoria Students' Society (UVSS)**

The [UVSS](http://uvss.ca) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at [uvss.ca](http://uvss.ca)!

### **Academic Important Dates**

#### **Fall session – first term (September – December)**

Wednesday, September 4 <sup>th</sup>	First term classes begin for all faculties
Tuesday, September 17 <sup>th</sup>	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Friday, September 20 <sup>th</sup>	Last day for adding courses that begin in the first term
Monday, September 30 <sup>th</sup>	Last day for paying first term fees without penalty
Monday, September 30 <sup>th</sup>	University Closed (National Day for Truth and Reconciliation)
Tuesday, October 8 <sup>th</sup>	Last day for 50% reduction of tuition fees for standard courses
Monday, October 14 <sup>th</sup>	University Closed (Thanksgiving Day)
Thursday, October 31 <sup>st</sup>	Last day for withdrawing from first term courses without penalty of failure
Monday, November 11 <sup>th</sup>	University Closed (Remembrance Day)
November 11 <sup>th</sup> - 13 <sup>th</sup>	Reading Break for all faculties
Wednesday, December 4 <sup>th</sup>	Last day of classes in first term for all faculties
Wednesday, December 4 <sup>th</sup>	National Day of Remembrance and Action on Violence Against Women - (Classes and exams cancelled from 11:30am - 12:30pm)
Saturday, December 7 <sup>th</sup>	First-term examinations begin for all faculties
Friday, December 20 <sup>th</sup>	First term examinations end for all faculties
December 25 <sup>th</sup> - 31 <sup>st</sup>	University Closed (Winter Break)

#### **Add and drop dates for standard 2024-2025 Winter Session courses**

<b>Term</b>	<b>Start Date</b>	<b>End Date</b>	<b>100% Fee Reduction</b>	<b>Add Deadline</b>	<b>50% Fee Reduction</b>	<b>Academic Drop no Fee Reduction</b>
<b>First term</b>	Sep 4	Dec 4	Sep 17	Sep 20	Oct 8	Oct 31
<b>Second term</b>	Jan 6	Apr 4	Jan 19	Jan 22	Feb 9	Feb 28

# BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## ***Social Life, Friends, & Community at UVic:***

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

## ***Counselling Services:***

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

## ***Health Services:***

The Student Wellness Centre also provides a full service primary health clinic for students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

## ***Centre for Accessible Learning:***

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

## ***Elders' Voices:***

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

## ***Mental Health Supports and Services:***

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>