

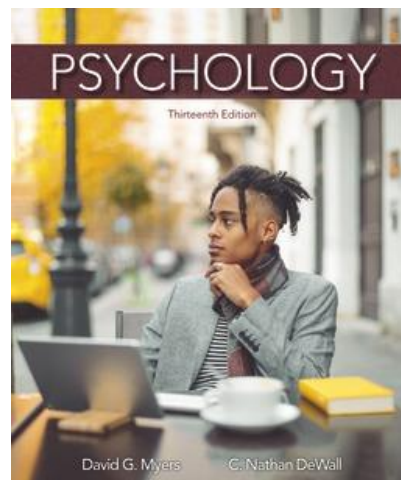
Psychology 100A



Introductory Psychology I

A01 (CRN 12937), A02 (CRN 12938), A03 (CRN 12939)

Biological and Cognitive Emphasis
Fall (Sep-Dec) 2023



Psychology 100A – Introductory Psychology I

Biological and Cognitive Emphasis

Fall (Sep-Dec) 2023

MAC A144

TWF 10:30 (A01) /11:30 (A02) /12:30 (A03)

**Note: PSYC 100A A04 uses a different course outline*

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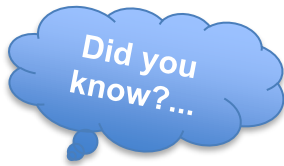
WELCOME TO PSYCHOLOGY 100A

We acknowledge and respect the lək'wəŋən peoples on whose traditional territory the university stands, and the Songhees, Esquimalt, and WSÁNEĆ peoples whose historical relationships with the land continue to this day.

We recognize how privileged we are to learn, work, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructors of this course, we welcome you to Psychology 100A! We have put a lot of thought into how to deliver this course in a way that helps you understand and apply important theories and concepts. We are passionate about psychology and hope to engage you in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world. We hope this course will interest and challenge you.



Did you know, *Introductory Psychology* is one of the most popular classes in post-secondary institutions world-wide? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting!

Yet the very familiarity of psychology can pose a problem. Although we believe we have good, common-sense views of psychology, our perspectives are fundamentally shaped by our personal experiences, contexts, and folk wisdom. Our perspectives can be correct, but they can also interfere with our approaching the study of behaviour from other points of view. We are here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

This semester, we have up to 1000 UVic students taking this course and we hope to engage in conversations with as many of you as we can. We encourage you to take the initiative and contact us during our office hours, after class, or by e-mailing us.

We wish you the best for a successful and productive learning experience in Psychology 100A!



Dr. Jessica Rourke
PSYC 100A Course Coordinator
Instructor of sections A01 (10:30am) and A02 (11:30am)



Dr. Jhotisha Mugon
Instructor of section A03 (12:30pm)

MEET THE PSYCHOLOGY 100A TEAM

Recordkeeper TA: Erin Lowey

p100off@uvic.ca

Section TA's:

A01 (10:30am): Sama Abedini Najafabadi

A02 (11:30am): Erika Lasrado

A03 (12:30pm): Carolyn Helps

p100off@uvic.ca

PLEASE include **section & name of TA** in subject heading of your e-mails

Course coordinator: Dr. Jessica Rourke

p100co@uvic.ca

Section Instructors:

Section A01 and A02: Dr. Jessica Rourke

Sections A03: Dr. Jhotisha Mugon

p100co@uvic.ca

p100co@uvic.ca

**Note: TA stands for Teaching Assistant*

WHOM SHOULD I CONTACT IF I HAVE A QUESTION?

Because we have almost 1000 students in this course, it can take us a little while to respond to your email – we thank you in advance for your patience and understanding. **Often, the questions we receive could have been immediately answered because the answer is in this course syllabus.** Please, before you send us a question, check if the answer is in this course syllabus or other documents in Brightspace. Another option is to check if your peers know the answer to your question (e.g., post your question in the relevant discussion forum section on Brightspace).

If the above ideas don't yield you an answer, use the list below to determine whom to contact with your question/comment. **In your subject heading, please include "PSYC 100A" and your section number (A01, A02, A03) and the name of your TA (if you are emailing your TA).**

If you have questions/comments regarding:	Contact:
• Test scoring, make-up tests, test accommodations	Course recordkeeper: p100off@uvic.ca
• Online quizzes, assignments, meme critical reflections, general inquiries	Section TA (remember to put their name in the email!): p100off@uvic.ca
• Research participation bonus points	Research participation coordinator Dr. Fred Grouzet: psycresearch@uvic.ca
• Course accommodations	Course recordkeeper p100off@uvic.ca
• Posted lecture material	Section instructor p100co@uvic.ca
• Textbook material	Section TA or instructor
• Technical issues with computer, e-mail, Brightspace, NetLink, login, password problems	Computer help desk (helpdesk@uvic.ca ; 250-721-7687)

MATERIALS: WHAT WILL I NEED FOR THIS COURSE?

Required Text

Myers, D. M. and DeWall, C. N. (2021). *Psychology* (13th ed.). Worth Publishers.

You can purchase the textbook through the UVic Bookstore. **Order it as soon as possible** because it may take some time for you to receive it (even the ebook!). Throughout the course, you should have continuing access to it in order to master the material. You have the option to purchase a new text in one of two ways:

- as an ebook (\$70) **OR** as looseleaf pages that go into a binder (\$136)

Both options include access to online study resources via the Achieve platform, including an online version of the text and 2-years of access to the iClicker Student App (if you're not purchasing a textbook, you can purchase access to just iClicker – contact the bookstore for information on how to do this).

To purchase your textbook (and the Achieve platform) go to the UVic bookstore website then search for Psyc 100A (and whichever section you're registered in: A01, A02, A03): <https://www.uvicbookstore.ca/text/>

Accessing your textbook

To access the textbook online ("Achieve") go to: **TBA – link in syllabus on Brightspace**

- To make it easy to return to, please bookmark the page.
- For further guidance on accessing and utilizing Achieve, see: <https://macmillan.force.com/macmillanlearning/s/article/Achieve-Getting-Started-Guide-for-Students>
- You can reach a virtual representative 24 hours a day, 7 days a week through the online form: <https://macmillan.force.com/macmillanlearning/s/chat-with-us>
- You can also find useful FAQ information 24 hours a day, 7 days a week through the online form: <https://mhe.my.site.com/macmillanlearning/s/>

Access to Technology

As a UVic student, you get **free access** to Microsoft 365, including access to OneDrive storage and Microsoft Office applications. Information about Microsoft 365 and instructions to access it can be found on UVic's Microsoft 365 site (<https://onlineacademiccommunity.uvic.ca/O365/>). If you have questions, contact UVic's computer help desk – see their website for various contact options and hours of operation for any technology questions/issues: <https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/>

PSYC 100A Course Website (available as of September 6th)

The PSYC 100A A01 – A03x website is accessible through UVic's Brightspace system <https://bright.uvic.ca>. This site includes all course material, including lecture slides, chapter summaries, quizzes, and assignments. **At first, you'll only see the section "Course Information/Getting Started."** This section contains a territorial acknowledgment, welcome messages, office hours schedule, the course syllabus, studying tips, information on how to access your textbook, as well as links to useful campus resources.

Complete the *Syllabus Scavenger Hunt* in that section to unlock the rest of the available course material.

NetLink ID: To access the PSYC 100A Brightspace you need a valid UVic Netlink ID. To register, go to the NetLink website (<http://netlink.uvic.ca/>) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting and complex scientific discipline and is an essential part of the helping professions. We have designed PSYC 100A (and PSYC 100B) to provide an overview of:

- the main areas, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles that serve as a foundation for taking more advanced courses in psychology and related disciplines
- how psychological principles have been used to help people lead better, healthier lives, and to solve real world problems
- how to locate and utilize psychological research information

PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology. **PSYC 100B** focuses on human intelligence, personality, lifespan development, psychological disorders, and psychological treatment. You do not have to continue on to PSYC 100B after you have completed PSYC 100A, but you should be aware that if you wish to take further courses in Psychology at the University of Victoria, you must complete both PSYC 100A and B. You may take Psyc 100B before you take Psyc 100A.

PLEASE NOTE: This is a psychology course in which we will be discussing topics related to mental health, psychological disorders, and psychological treatment. You will be expected to engage with material pertaining to these topics.

What is the Format of the Class?

Our course is divided into Modules which correspond to a chapter in the textbook. Modules will be released weekly (just after midnight on Saturdays), according to our class topic schedule. For each Module there will be:

- one assigned textbook chapter for you to read
- a chapter summary that highlights important course concepts
- lecture slides that correspond to the weekly class content
- a short online quiz related to the chapter material (prior to tests, there will also be a pre-test quiz)
- assignment submission links
- at times, there may be some additional learning material (e.g., a short video, podcast, interactive activity)

How is the class delivered?

Each week, you have 3 in-person class sessions in MAC A144 (MAC is the MacLaurin building). In class we will cover material related to the chapter in various forms – through lecture, demonstrations, discussions, and videos with guided questions.

We cover the text chapters out of order...why?

We think the most interesting way to start the course is with psychological content – in this case, the study of human consciousness (Chapter 3 in your textbook), which includes topics such as attention, sleeping and dreaming, and altering consciousness through things such as drugs, hypnosis, and meditation.

The “nonlinear” ordering of our coverage of the chapters is based on the following “conceptual map” of the ideas in the text, and we think it constitutes a more compelling sequence of topics that we hope will better help you become engaged in the excitement of psychological science:

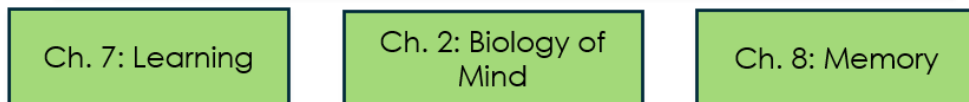
UVIC PSYC 100A Graphic Syllabus

The story our mind constructs:
Who are we? Why are we the same – and different, & how do we know this?



Exam 1 (20%)

The architecture of the mind:
Storing, processing, and using information



Exam 2 (18%)

Putting our minds to Use: Decision-making,
communicating, and developing psychology as a
science and profession



Exam 3 (13%)

Tentative Course Schedule

Module	Class Dates	Reading	Topic(s)	Tests/Notes	Web Surveys & Assignments Due 11 PM	Quizzes Due 11 PM
Intro	Sep 06, 08	Familiarize yourself with our Brightspace page; do the Syllabus Scavenger Hunt; get your textbook	Intro to course Intro to Achieve, iClicker, Campus resources	Suggestion: Submit things well before deadlines, to avoid technical issues – late submissions will not be accepted		Complete Syllabus Scavenger Hunt to unlock available course material
Ch 3	Sep 12, 13, 15	Ch 3 APA video (on Brightspace)	Consciousness Intro to assignments			
Ch 1	Sep 19, 20, 22	Wrap-up Ch 3 Ch. 1 – Part 1 *only p. 22 - 38	Research Strategies	Sep 19: last day to drop courses & receive 100% of tuition fees. Sep 22: last day to add courses	APA assignment Mon Sep 18 WS1 Thurs Sep 21	Q1(Ch 3) Wed Sep 20
Ch 4	Sep 26, 27, 29	Wrap-up Ch. 1 – Part 1 Ch. 4 *Stop at p. 150 (don't read "Gender Development" p. 150-163: more up-to-date information will be provided in class)	Nature, Nurture, and Diversity		WS2 Thurs Sep 28	Q2 (Ch 1 – p. 22-38) Wed Sep 27
Ch 6	Oct 03, 04, 06	Wrap-up Ch 4 Ch. 6	Nature, Nurture, and Diversity Sensation and Perception		Research Methods assignment *Tues Oct 3	Q3 (Ch. 4) Wed Oct 4
Ch 8 & Test 1 Prep	Oct 10, 11, 13	Wrap-up Ch 6 Begin Ch. 8 (not on Test 1) No new readings...study for Test 1	Sensation and Perception Memory (not on Test 1)	Oct 10: last day to drop courses & be reimbursed 50% of tuition fees	Meme Reflection Option 1 (Ch 3, 1, 4, 6) *Tues Oct 10	Q4 (Ch 6) Wed Oct 11
				Test 1 (Fri Oct 13) Ch 3, 1 (p. 22-38), 4, 6 Tests are held during regular class time		Q5 (Pre-test 1 quiz Ch. 3, 1 (p. 22-38), 4, 6) Thurs Oct 12

Ch 8	Oct 17, 18, 20	Ch. 8 Begin Ch. 2	Memory	Oct 18: Final day to submit request for alternative to research participation credit	WS3 Thurs Oct 19	
Ch 2	Oct 24, 25, 27	Ch. 2 Begin Ch 7	Biology of Mind		Meme Reflection Option 2 (Ch 6, 8, 2) Mon Oct 23	Q6 (Ch 8) Wed Oct 25
Ch 7	Oct 31 Nov 01, 03	Ch 7	Learning	Oct 31: last day to drop courses without penalty of failure	WS4 Thurs Nov 2	Q7 (Ch 2) Wed Nov 1
Ch 9 & Test 2 Prep	Nov 07, 08, 10	Wrap-up Ch 7 Ch. 9 (not on Test 2)	Thinking and Language	Test 2 (Fri Nov 10) Ch. 8, 2, 7 Tests are held during regular class time		Q8 (Ch 7) Wed Nov 8 Q9 (Pre-test 2 quiz Ch 7, 2, 8) Thu Nov 9
Careers	Nov 17 *online class	Careers in Psyc Videos (videos found online; no in-person class Nov 17) *Nov 13-15 is reading break, no class	Careers in Psychology	Reading Break Nov 13-15	Meme Reflection Option 3 (Ch 7, Careers, Ch 9) Mon Nov 13 (*Reading break!)	
Ch. 1	Nov 21, 22, 24	Wrap-up Ch. 9 Ch 1 – Part 2 (only p. 39-49) Begin Prologue	Thinking and Language Ethics and Statistical Reasoning		Meme Reflection Option 4 (Ch 9, 1, Prologue) Mon Nov 20	Q10 (Ch 9) Wed Nov 22
Prologue + Test 3 Prep	Nov 28, 29 Dec 01	Prologue	Story of Psyc Course Wrap-up	Test 3 (Fri Dec 1) Ch 9, 1 (p. 38-49), Prologue Tests are held during regular class time	WS5 *Fri Dec 01	Q11 (Ch. 1 (p. 38-49) + Prologue) Wed Nov 29
					Last day for Research Bonus Points: Mon Dec 4 by 5pm	Q12 (Pre-test 3 quiz Ch. 9, 1 (p. 38-49), Prologue) Thurs Nov 30

WHAT ARE YOU EXPECTING FROM ME?

Psychology is a scientific discipline, and considerable thought and time is required to develop an understanding of psychological research and principles. We expect you to complete the assigned weekly materials, to attend and engage in class sessions, to attend office hours when needed, and to spend several hours a week (between 4 - 7 hours outside of class) toward mastering the course material.

Attend class sessions and office hours

Although not mandatory, attending our class sessions 3 times a week will help increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor and your classmates. We encourage you to bring your questions and ask for clarification, or to bring examples you found useful in illustrating some of the concepts (this could be a video, article, or your own knowledge). If you need some support outside of class time, please drop in to one of our office hours! See our Brightspace page for office hour times and locations.

Manage your time

Courses can be tricky to complete if you don't stick to a schedule. Be prepared for tests by completing the assigned readings, chapter quizzes, and other assignments/activities in accordance with the schedule provided above. Set aside blocks of time each week to work on the course material, and engage with your classmates (e.g., set up a study group – we have a discussion forum to help you do that!).

Check the Brightspace website often

All course materials (e.g., course schedule, assignment information) will be available through Brightspace: <https://bright.uvic.ca>

Conduct yourself appropriately, be open-minded, & respect diversity

Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback

We always welcome ideas to improve this course and to facilitate learning. We encourage you to provide constructive feedback about your experiences in the course. Please send us an email or see us in office hours to discuss your suggestions. At the end of the semester, we will provide time in class for you to complete UVic's Course Evaluation Survey.

Let us know if there are any special circumstances

We all learn in different ways and with varying degrees of success. If you know of any factors in your life that might impact your ability to learn up to your potential, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/services/cal/index.php>). The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. We will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails to the PSYC 100 team

We really do want to hear from you! However, in a very large course like Psyc 100A, email "overload" can cause problems. Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources that TAs and instructors have to answer emailed requests. To help us manage our email load, please follow these guidelines:

- For e-mail, please include your section number in your subject headline. If you're emailing your TA, please also make sure to include their name. Before you compose your e-mail, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.

When to email us:

- ✓ To notify the *Course Recordkeeper* that you will have to miss a test due to a medical or family emergency.
- ✓ To ask a simple, short question, e.g., “*What is the date, time, and location of the make-up test?*”
- ✓ To comment about course material, e.g., “*I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if ...*” We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you **see us before/after class or pop into one of our office hours!**
- ✓ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

When *not* to email us:

- ✗ When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- ✗ To request information about a specific mark (assignment, test, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- ✗ To request information about *why* you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require direct interaction that is not effectively carried out via email.
- ✗ To ask for advice on improving your study techniques. This also requires a more direct interpersonal interaction. See the section “Course Information/Getting Started” on Brightspace for some study tips and/or drop in to one of our office hours.

What can I Expect from the Psyc 100 Team?

We are available to help

We are available to help via e-mail and office hours. See section “Whom should I contact if I have a question” on page 4 to find the correct person to e-mail.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or your general interest in Psychology. Office hour times and locations are posted on Brightspace. We offer office hours most days of the week and at various times (one is in the evening, online).

We will upload class lecture slides and chapter summaries on Brightspace

We will post lecture slides and chapter summaries each week. Supplementary material, which is designed to provide more in-depth examples and information related to core concepts may also be uploaded.

We will give and receive feedback

We will be available in office hours to give feedback on assignments and tests. We are also open to receiving constructive feedback about your experiences within the course.

****If anything on our website (including documents) presents any accessibility issues, please let Dr. Rourke know and she will send you the information in plain format.**

HOW WILL MY PROGRESS BE EVALUATED?

We've devised many ways to obtain grades in this course. Your final grade will be based on the following:

Percent of grade	Evaluation tool	Date(s)
20%	Test 1 (Chapters 3, 1 (p. 22-38), 4, 6)	Fri Oct 13
18%	Test 2 (Chapters 8, 2, 7)	Fri Nov 10
13%	Test 3 (Chapters 9, 1 (p. 38-49), Prologue)	Fri Dec 01
12%	Online Quizzes	Sep 20, 27; Oct 4, 11, 12, 25; Nov 1, 8, 9, 22, 29, 30 You must complete 8 of the 12 quizzes; it is in your best interest to complete all 12 (only your top 8 will count)
4%	iClicker	Attend at least 18 of the 24 iClicker classes. iClicker points will be based on participation in class on: Sep 26, 27, 29; Oct 3, 4, 6, 10, 11, 17, 18, 20, 24, 25, 27, 31; Nov 1, 3, 7, 8, 21, 22, 24, 28, 29
2%	Web Surveys	Sep 21, 28; Oct 19; Nov 2; Dec 1 There are 5 web surveys that will be posted to Brightspace and you will receive 0.4% (of your final mark) for each survey you complete
3%	APA Assignment	Sep 18 This assignment will help you understand information crucial to the successful completion of your meme critical reflections
8%	Research Methodology Assignment	Oct 03 This assignment will help you understand how we gather data in psychology and provide you with information crucial to the successful completion of your meme critical reflections
20%	Meme Critical Reflections	Oct 10, 23; Nov 13, 20 You must complete 2 of the 4 (worth 10% each) meme critical reflections (you may complete 3 and only your best 2 grades will count) - *Please note , if you choose to complete the 3 rd option, it is due during reading break!

*In addition, there are **bonus points for research participation**, up to a maximum of 4% added to your final course grade (See "Extra Credit for Research Participation" section on page 17 for details).

We expect you to complete all course requirements, however, **you must complete all 3 tests to receive credit for this course. Failure to complete the 3 tests will result in a grade of "N" regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0.

In accordance with the University's policy on academic concessions, "A student who completes all course requirements is not eligible for an academic concession". Consequently, students can only request deferrals for the completion of required course components and not for non-essential course components.

Cutoff Points for Marks

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

Please note that an A+, A, or A- is earned by work which is technically superior, shows mastery of the subject matter, and in the case of an A+ offers original insight and goes beyond course expectations.

Tests (51%)

You will write **three in-class tests**. Tests are non-cumulative which means they will only cover material since the previous test. All course material is testable (lectures, textbook chapters, supplementary materials). The format of all 3 tests will be multiple choice and will take place during your regularly scheduled class time. You are responsible for attending tests as scheduled, writing your own test, and for respecting the academic integrity expectations of the university.

What to do if I miss a test due to illness:

Contact the **Course Recordkeeper** by email p100off@uvic.ca as soon as possible (within 3 days) and explain that you missed the test and why (you do *not* have to submit the *Request for Academic Concession* form as it only applies to exams that are written in the final exam period). The Course Recordkeeper will inform you when your make-up test will be held.

If you miss a test and fail to contact the Course Recordkeeper **within three days of the test date, we will consider you to have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.*

What to do if I require special arrangements for tests due to an accessibility need:

1. You must be officially registered with the Centre for Accessible Learning (CAL) – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. We will automatically be informed of your registration with them. It can take a little while for all the necessary forms to be processed by CAL, so we recommend reaching out to them as soon as possible.
2. Prior to your test, if you have any questions about your accommodation, please contact the Course Recordkeeper (p100off@uvic.ca).

Quizzes (12%)

Why do we assign online quizzes?

We have designed the Online Chapter Quizzes on Brightspace to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook:

- Because it is much easier to start learning the course material well in advance of the night before the test, we have arranged for you to complete online quizzes on a regular basis.
- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- The quizzes consist of 9 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-test quizzes designed to encourage you to study in advance of each test.

Although you're only required to complete 8 out of 12 quizzes, we strongly encourage you to complete all 12 (only your top 8 marks will count toward your grade!) so as to allow the best chance for high marks (added bonus: they will help you to absorb the material for the tests!).

You are strongly advised to complete the quiz at least one day before the due date of the quiz. That way, you will have time to seek help if you have technical issues, and you will avoid any issues with completing it, if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz?

You will have 12 quiz opportunities during the semester but only your best 8 of the 12 will count toward your grade. If you miss one, it can simply be dropped as one of your 4 "freebies." The 8-out-of-12 system is

designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time.

If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 4 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” four quizzes are considered as make-up quizzes.

What if I have technical issues logging on or completing the quiz?

Brightspace will close the quizzes automatically at the designated due dates and times on the course schedule. Please make sure you have completed the quiz by this time – due date extensions will not be permitted. We strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** check with the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact the PSYC 100 office at p100off@uvic.ca but please follow the step above before you do, as the Computer Helpdesk is more likely to be able to provide immediate assistance.

iClicker (4%)

We will base 4% of your final grade on your in-class participation using the iClicker Personal Response System. Please note, the iClicker Student app/program is included for free when you purchase your textbook through the UVic bookstore. If you want a physical iClicker remote, you may of course purchase that, but it is not necessary.

Why do we use iClickers in class?

iClickers are used to work together through questions posed in class. When used effectively, iClickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. iClickers can also provide immediate feedback about your understanding of the class material and help us figure out how to improve your understanding of a concept.

Information on how to access your iClicker account is on our Brightspace page, in the “Assessment Information” section

Attend at least 18 of the 24 iClicker classes. iClicker points will be based on participation in PSYC 100A classes on the following 18 dates: Sep 26, 27, 29; Oct 3, 4, 6, 10, 11, 17, 18, 20, 24, 25, 27, 31; Nov 1, 3, 7, 8, 21, 22, 24, 28, 29

If you participate in clicker questions in 75% or more of the above 24 classes (i.e., 18 or more classes), you will receive the maximum 4% toward your final grade. If you participate in fewer than 18, you will receive the following percentages:

17 classes: 3.78%	13 classes: 2.89%	09 classes: 2.00%	05 classes: 1.11%
16 classes: 3.56%	12 classes: 2.67%	08 classes: 1.78%	04 classes: 0.89%
15 classes: 3.33%	11 classes: 2.44%	07 classes: 1.56%	03 classes: 0.67%
14 classes: 3.11%	10 classes: 2.22%	06 classes: 1.33%	02 classes: 0.44%
			01 classes: 0.22%

What if I miss an iClicker class?

Because you only need to participate in 18 of the 24 iClicker classes, the additional iClicker classes serve as “make-ups” for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.); we do not offer any additional opportunities, nor will we prorate your grade.

It is an academic infraction to use or bring another student’s iClicker to class, or to lend your iClicker to another student. This will be treated similarly to other academic infractions (such as cheating on a test) and will be subject to university disciplinary procedures. Please remember that iClickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

What if I attend a PSYC 100A class section different than the one in which I’m registered?

Because of the way the system is set up, **you can only receive iClicker points by using your iClicker in the PSYC 100A section in which you are officially registered**. For example, if you are registered in the A01 section, but attend the A02 section, although your iClicker will still work in the A02 section, you will not receive iClicker points for that session (they will not register in the system) and we will not be able to transfer iClicker points to your proper section.

When will I see my iClicker participation grades?

Updated iClicker records will be posted to Brightspace (under “Grades”) within one week after Test 1 and Test 2. Final iClicker totals will be posted shortly after Test 3. If you have a question about your iClicker points, please address it within 2 business days of Test 3 as final grades are calculated shortly after Test 3, and your iClicker totals, as posted, will be used to calculate your final grade.

It is important that you check your clicker record by October 20 to make sure you have at least one clicker point posted, and you are receiving correct credit for your clicker participation. This will ensure that any iClicker registration issues are rectified early in the term, and encourages students to begin their iClicker participation as early as possible. **If you come to us after Oct 20 to report having no points, we will not be able to retroactively award you any points.**

If you have questions about your iClicker points, please contact the Course Recordkeeper at p100off@uvic.ca, or drop by during their office hours (posted on Brightspace).

Web Surveys (2%)

We will base 2% of your final grade on your web survey submissions via Brightspace. There are 5 such surveys and you will receive 0.40% (of your final mark) for each survey you complete. We have designed these surveys to obtain information that helps us in designing a course that best suits your needs and to help support your learning. Web surveys will take between 15 – 45 minutes to complete.

APA Assignment (3%)

We will base 3% of your final grade on an assignment that relates to APA formatting. The assignment will be formatted as a quiz, but it will not be timed. Feel free to use the posted APA video and notes you’ve made to support your answering of the questions.

To properly complete your meme critical reflections (see below), you will need to have a firm grasp of APA formatting (rules regarding the writing style of psychology assignments). This assignment will be completed prior to you completing your first critical thinking topic, to help support your performance on your critical thinking topics throughout the semester.

Research Methods Assignment (8%)

We will base 8% of your final grade on an assignment that relates to research methods (how we gather data in psychology). Understanding research methodology will allow you to better comprehend the research studies you read about in your textbook and for your meme critical reflections.

The assignment will be formatted as a quiz, but it will not be timed. Feel free to use your textbook and notes you've made to support your answering of the questions. More information about the format of this assignment is provided on Brightspace (in the "Assessment Information" section).

Meme Critical Reflections (20%)

Twenty percent of your grade in PSYC 100A is derived from your contributions to the meme critical reflections submitted to Brightspace.

- You are required to submit **2 of the 4** possible meme critical reflections (each one will be worth 10% of your final course grade)
- To give you flexibility you can **submit a maximum of 3 of the 4** scheduled meme critical reflections, and only your best 2 grades will count.
- If you submit all 4, your 4th submission will not be graded.

The meme critical reflections challenge you to debunk a myth related to psychology via evidence summarized from psychological research studies. They are submitted to a Brightspace assignment dropbox and are not expected to be too long (approx. 800-1200 words). More information about the format of the meme critical reflections is provided on Brightspace (in the "Assessment Information" section).

Why do we assign meme critical reflections?

Tests and quizzes assess your learning of material covered in class, the textbook, and a bit of supplementary material. Meme critical reflections are designed with the following goals in mind:

- Curiosity and research are critical components to success in university. The meme critical reflections give you an opportunity to reflect on and evaluate material that goes beyond what you learned in lectures and the textbook.
- Effective research and writing are foundational to succeeding in university. The meme critical reflections help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning.
- Thinking critically about information you come across in the news, on social media, in entertainment programs, and even in your textbooks is an important life skill. The meme critical reflections require you to critically reflect on information in a public domain, as well as information presented by psychological researchers.
- Work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style). Meme critical reflections give you the opportunity to learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references.

What do I do if I miss submitting a meme critical reflection option?

Because you only need to complete 2 of the 4 meme critical reflection options, the additional options serve as “make-up” meme critical reflections; we do not offer additional options. Please note: If you choose to complete the 3rd option, it is due during reading break!

- It is in your best interest to complete the meme critical reflections scheduled earlier in the term and use the later ones in the term as “supplementary” ones if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency.

Extra Credit for Research Participation (+4%)

You can earn up to 4% bonus credit (added to your final grade in the course) by participating in research projects. An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology will be conducting research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. We encourage you to participate in this research, and as part of this encouragement, we have arranged for you to earn extra credit toward your course mark by participating in approved research.

By participating in such research projects, you will experience first-hand how psychological research is done. Once your participation in a study is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A departmental committee has reviewed and approved all the projects available to you for bonus points, and the projects have also been approved by the university’s Human Research Ethics Board.
- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance (i.e., the responses you make) will have no effect on your marks.
- You will receive 0.25 points for each 15 minutes (or part thereof) of participation, up to a maximum of 4 points. You may participate in as many projects as you wish, but you will receive no more than 4 points per term, and you may not carry over points from one term to another. *Although we have set 4 points to be a maximum, the opportunity to earn all 4 points may not be available, as this depends on the number of research projects requiring participants.*
- You may participate in any given project only once. The last day for participation in experiments for extra credit is Monday Dec 4 (5pm).

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact Dr. Rourke (course coordinator) via email (p100co@uvic.ca) no later than Oct 17 to arrange for an alternative option involving written assignments.

Information about how to sign up for research participation is available on Brightspace (in our “Assessment Information” Module).

HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, iClicker participation, web surveys, and assignments.

Because extra “make-up” quizzes, iClicker opportunities, and meme critical reflections (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, iClicker opportunities, and meme critical reflections are not arranged. We recommend submitting things well before deadlines (to avoid technical problems or illness) and completing required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester.

If you are not getting the marks you want on assignments or tests, come to office hours to ask for help improving the way you approach the material. At the end of the term, if you are short of your target (pass, C+, A+), **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet in-person or online in groups of 2-6 people (you can of course be more, but we’ve found that range to be ideal for study groups) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to explain concepts to others – in fact, that’s one of the best ways to learn!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity

Our intent is that:

- students from diverse backgrounds, perspectives, and life experiences be well-served by this course
- students' diverse learning needs be addressed
- the diversity that students bring to this class be viewed as a resource, strength, and benefit

We aim to present materials and activities that are respectful of diversity, including such things as: gender, sexuality, ability, age, socio-economic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. In a constructive way, please let us know how we might improve the effectiveness of the course for you personally or for other students or student groups.

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Below is information from UVic about various resources for student wellness, and important academic dates and policies