



Introductory Psychology I – online
Biological and Cognitive Emphasis
PSYC 100A Section A04 | Fall 2023 | CRN: 12940
ZOOM Class Sessions: Mondays & Wednesdays 6:00-7:20PM

Instructor: Dr. Jhotisha Mugon

Office: Cornett A235

Email (preferred): jmugon@uvic.ca

Zoom Office hours: Mondays 4-5pm

Link: TBD

Teaching Assistant: Jie Lie (zoejieli@uvic.ca)

Zoom office hours: TBA

Welcome to Psychology 100A!

I am excited to be your instructor for this online synchronous course! **Did you know...** that Introductory Psychology is one of the most popular classes in post-secondary institutions world-wide? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting! Yet the very familiarity of psychology can pose a problem. Although we believe we have good, common-sense views of psychology, our perspectives are fundamentally shaped by our personal experiences, contexts, and folk wisdom. Our perspectives can be correct, but they can also interfere with our approaching the study of behaviour from other points of view. We are here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

What's in this syllabus?

Welcome to Psychology 100A	2
What is this course about?	2
Course Materials	3
Course Format	5
What is expected of you?	6
What can you expect from me?.....	7
How will you be evaluated?	8
How to do well in his course?.....	13
Weekly schedule and activities	14
Important considerations	16
Take care of yourself	17
Department of psychology –	18
Important course policy	





I've designed this course to have a **mix of both synchronous and asynchronous activities**. This class is scheduled to meet on online synchronously on Mondays and Wednesdays from 6:00-7:20pm via **Zoom**. During our synchronous sessions, I will cover course content from the assigned chapters, and I will have some interactive activities for students to engage in. You are highly encouraged to attend, ask (and answer!) questions and participate in the activities. The bonus side of you attending the live lectures is that you will have the opportunity to get to know some of your peers during the breakout sessions. Aside from the synchronous lecture, the asynchronous components that you'll be able to complete on your own time include chapter quizzes, web surveys and written assignments (see course schedule).

What is this course about?

PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology. **PSYC 100B** focuses on human intelligence, personality, lifespan development, psychological disorders, and psychological treatment. You do not have to continue on to PSYC 100B after you have completed PSYC 100A, but you should be aware that if you wish to take further courses in Psychology at the University of Victoria you must complete both PSYC 100A and B. You may take Psysc 100B before you take Psysc 100A.

Upon completion of this course, students should be able to:

1. Explain and describe concepts and study findings from the biological, learning, and cognitive areas of psychology.
2. Outline the methods of investigation used in psychology, and the strengths and limitations of these methods.
3. Develop the ability to relate the findings of psychological research to your life and to important issues in our society and the world at large.
4. Develop research skills required to critically think and write about topics related to each chapter.

Course Materials – What do you need for this course?

Required Text: Myers, D. M. and DeWall, C. N. (2021). Psychology (13th ed.). Worth Publishers

- You can purchase this edition of the textbook through the UVic Bookstore (<https://www.uvicbookstore.ca/text/>). Try ordering your textbook as soon as possible because it may take some time for you to receive it (even the ebook!). You have the option to purchase a new text in one of two ways: **as an ebook (~\$70) OR as looseleaf pages that go into a binder (~\$136)**
- Both options include access to online study resources via the Achieve platform, including an online version of the text and 2-years of access to the iClicker Student App (if you're not purchasing a new textbook, you can purchase access to just iClicker – contact the bookstore for information on this).
- **Accessing your E-textbook:** To access the textbook online ("Achieve") go to: [TBD](#)





- **Accessing your E-textbook:**

- To make it easy to return to, please bookmark the page.
- For further guidance on accessing and utilizing Achieve, see:
<https://macmillan.force.com/macmillanlearning/s/article/Achieve-Getting-Started-Guide-for-Students>
- You can reach a virtual representative 24 hours a day, 7 days a week through the online form:
<https://macmillan.force.com/macmillanlearning/s/chat-with-us>

PSYC 100A Course website (available as of Sept. 6):

- The PSYC 100 website is accessible through the UVic Brightspace system (<https://bright.uvic.ca>). This site includes all course material, including lectures slides, chapter summaries, quizzes, assignment information and drop-boxes, surveys and exams. **At first, you'll only see the section "Getting Started" – which will include the course syllabus and all-important information (including how to access our Zoom classroom and office hours) to help you get situated in our course. Complete the Syllabus Scavenger Hunt in that section to unlock the rest of the available course material.**
- **NetLink ID:** To access the PSYC 100 Brightspace you need a valid UVic Netlink ID. To register, go to the Netlink Website (<http://netlink.uvic.ca/>) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

Required Technology:

- The University of Victoria has established minimum technical requirements for students to participate in online learning environments – see this link for information on the requirements: <https://www.uvic.ca/systems/status/features/min-tech-requirements.php>
- As a UVic student, you get free access to Microsoft 365, including access to OneDrive storage and Microsoft Office applications. Information about Microsoft 365 and instructions to access it can be found on UVic's Microsoft 365 site (<https://onlineacademiccommunity.uvic.ca/O365/>).
- Contact UVic's computer help desk for any technology questions/issues: <https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/>

Zoom meeting information:

- **For class meetings**, log onto our course Brightspace site, go the week we are on (e.g. Week 2 or week 3), click on the link for our synchronous session. Going through these steps will ensure that your participations marks get tracked!
- Dr. Mugon's office hour will be on Mondays from 4-5pm via zoom (Link TBD)
- For feedback on your assignments or exams, please visit your TA – Jie's office hours.
 - Jie Lie's office hour will be on TBD





Course format

Below is what you can expect for each week of the course. Some weeks are more deadline heavy than others so please plan ahead:

- **Two live classes per week via Zoom.** During our live classes, I will be covering content – some of which are from the textbook and some from external sources. I will also have polling and discussion questions and some exercises for you to work on. Participation marks will be awarded if you complete >75% of the polling/ discussion questions.
 - o I highly encourage you to ask (and answer!) questions and participate in polls. Such active engagement has been shown to promote learning in students.
 - o ***Important:*** *The chat function will be available during our live classes on Zoom for all 250 learners in this class. To better monitor student questions and teach at the same time, I kindly ask that students privately message me content relevant questions or clarifications that they would like me to provide. Of course, if you have a general question that you think your peers can answer, feel free to post it in the general chat.*
 - o For ALL our meetings, log onto our course Brightspace site, go the week we are on (e.g., Week 2 or week 3), click on the link for our synchronous session. Going through these steps will ensure that your participations marks get tracked!
- **Textbook reading:** Most weeks, you will have one assigned textbook chapter for you to read and a chapter summary that highlights important concepts from the textbook.
- ***Chapter quiz (starting week 3).** A short online quiz related to the chapter material (and 3 pre-exam quizzes prior to exams). Note that some weeks, you will have two quizzes due.
- ***Meme Assignment (complete 2 of 4).** While there are concrete deadlines for these assignments, each week you can start working towards the deadlines. You only have to complete 2 out of the 4 to get your course grade. You may complete 3 and your top 2 marks will count.
- ***Websurveys:** There are a total of 5 web-surveys spread throughout the whole course. They are intended to get you thinking about your learning strategies and motivations.

PLEASE NOTE: This is a psychology course in which we will be discussing topics related to mental health, psychological disorders, and psychological treatment. You will be expected to engage with material pertaining to these topics.





What is expected of you?

- Read the textbook.
- Attend the scheduled zoom sessions – bring your content questions to class!
- Complete all assignments, quizzes, and exams on time. If you cannot, you must contact me as soon as possible (preferably in advance).
- Think deeply and critically about the material. Try and relate it to your own experience and prior knowledge. (More on active learning below.)
- Manage your time – doing an online course can be tricky if you do not stick to a schedule. One way to ensure your success on the exams is to complete the assigned readings, chapter quizzes and other assignments/ activities in accordance to the schedule provided.
- Check the Brightspace site often for all course announcements, materials, and calendar notifications.
- If you register late for the course, **you** are responsible for speaking to me to make up for any missed material or assessment.
- **Netiquette**: As you might have already discovered, online learning is different from face-to face learning. Because communication may be stripped of essential cues such as tone, affect, facial expressions, and body language – especially in written format, – it is even more important that we all follow a few basic guidelines to ensure good communication and a positive learning environment:
 - o Stay respectful of others and open-minded about their questions, thoughts, and views – the same way you probably expect them to be towards you.
 - o You are welcome – and encouraged! - to respond to others’ comments and suggestions but please refrain from making your response personal.
 - o If you are typing a response, re-read it at least once before posting it. Consider how (or even the worst way in which) it could be interpreted. Be respectful in your responses and questions.
 - o If you feel very strongly about a certain point, especially if you feel upset or angry, delay posting your thoughts / comments. Give it a few minutes, perhaps a day. Or ask someone uninvolved in the discussion to read it for you before posting it.
 - o Mute your mic when you’re not speaking, to reduce background noise interference.
 - o Turn on your camera when possible, to create a sense of community; Look at the camera to make eye contact when talking.
 - o Use the chat field and whiteboard for constructive questions and comments only.
- **Let me know if there are any special circumstances.** Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/services/cal/index.php>) The CAL staff are available by appointment to assess





specific needs, provide referrals, and arrange for appropriate accommodations. I will automatically be notified if you receive any CAL accommodations.

- **If you have a question, here is where/ how to get an answer:**

- For technical question (e.g. related to Brightspace, Zoom, or Netlink login), please contact the computer help desk (helpdesk@uvic.ca ; 250-721-7687).
- For questions regarding research participation bonus points, please contact the Research participation coordinator Dr. Fred Grouzet: psycresearch@uvic.ca.
- For questions regarding the textbook, lectures, assignments, or course accommodations, please contact me at jmugon@uvic.ca .I kindly ask that you consult the syllabus for assessment timelines prior to emailing me.
- For questions regarding your mark on quizzes, exams, or assignments, please contact your TA – Jie Lie (zoejieli@uvic.ca)
- If you have questions related to the content of the textbook and/or lectures OR if you have an example to share, please:
 - Bring them up during our scheduled **zoom class meeting**.
 - Visit **my office hours**: Mondays 4-5pm – Zoom link on page 1
 - Post them in the **discussion board** in Brightspace for anyone to answer.
 - Email me – BUT this should really be the last resort. It is to everyone’s advantage to give all learners a chance to hear and answer material related questions. Also, there are 250 of you and only one of me!
 - At some point in the term, things can get a little hectic for me (I have over 600 students in the Fall term). If you do not hear back from me within 48 business hours, then feel free to send me a reminder email – I appreciate your kindness and patience.

What can you expect from me?

- I am available to help with student accommodations.
- Attend my office hours if you have complicated questions. If my office hour does not work for you, email me to request an alternative time to meet.
- I will upload all course materials and lecture slides on Brightspace. I will also often post course announcements there.
- I will be ready for our live classes and I will aim to make it interactive and engaging.
- I am open to receiving and giving constructive feedback and creating a positive inclusive environment for learning.

****If anything on our website (including documents) presents any accessibility issues, please let Dr. Mugon know and she will send you the information in plain format.**



How will you be evaluated?

The assessments for this course are designed to encourage you to use active learning strategies which will allow you to engage much more effectively with the content and to retain the information for longer periods of time. Simply reading the textbook and/ or listening to lectures are not an effective way to learn – you retain the information for shorter periods of time and the outcomes are poorer.

Active learning involves asking questions, analyzing studies, summarizing content, proposing new studies/ ideas based on your analysis of a paper, relating concepts to other knowledge you already know, applying concepts to specific situations and assessing your own grasp of the material. Using these strategies allow you to process the content of this course at a deeper level. Sticking to the weekly schedule and completing all activities assigned is a good way to engage in active learning strategies.

Your final grade in this course will be based on the following criteria:

Assessment	Worth	Date(s)/ Notes
Test 1* (Ch. 3, 1 part 1 ,4, 6)	20%	Mon. Oct. 16 on Brightspace
Test 2* (Ch. 8, 2, 7)	18%	Mon. Nov. 20 on Brightspace
Test 3 (Ch. 9, 1 part 2, Prologue)	13%	Mon. Dec. 4 on Brightspace
Weekly quizzes (best 8 out of 12 @ 1.5% each)	12%	Sept. 21, 28, Oct. 5, 12, 15, 26, Nov. 2, 9, 19, 23, 30, Dec. 3. It is in your best interest to complete all 12 quizzes but only your top 8 grades will count towards your final grade
Zoom class participation (10 out of 14 classes @ 0.4% per class)	4%	Sept. 25, 27, Oct. 4, 11, 18, 23, 25, 30, Nov. 1, 6, 8, 22, 27, 29. *Need to answer 75% of poll questions for grade.
Web Surveys (x5 @ 0.4% each)	2%	Sept 28, Oct. 5, 19, Nov. 2, 30
APA Assignment	3%	Tues. Sept 26
Research Methods Assignment	8%	Tues. Oct. 3
Meme Reflection Assignments (2 out of 4 @ 10% each)	20%	Oct. 10, 24, Nov. 7, 28
Bonus Research participation	3%	Mon. Dec. 4

* You are expected to complete ALL course requirements. Note that **you must complete all 3 exams** to receive credit for this course. Failure to complete one or more exams will result in a grade of “N” regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0.

**In accordance with the University’s policy on academic concessions, “A student who completes all course requirements is not eligible for an academic concession”. Consequently, students can only request deferrals for the completion of required course components and not for non-essential course components.





Tests (51%)

There will be **three non-cumulative open-book exams** on Brightspace (see schedule below). All course materials are testable (lectures, textbook chapters, class activities). While you will have access to your textbook and notes for the exam, the exam is timed, and **you will not have enough time to refer to your notes and textbook for most questions**. The format of all three exams will be multiple choice (MC) and you will be able to start the exam anytime between 5:00pm and 7:30pm PT. Once you start the exam you will have a limited amount of time to complete it.

- Exams 1 and 2 will each have roughly 50 MC questions and you will have 60 minutes to complete each.
- Exam 3 will have roughly 40 MC questions and you will have 50 minutes to complete it.

Specific instructions on the exam protocol will be posted to Brightspace. Although the exams are open-book, **you are not permitted to receive help from anyone or anything** (e.g., another person, the internet). In other words, you are required to complete the exam on your own, using only course materials, the textbook, and your notes. Anything else constitutes cheating and can have severe consequences for your academic career. You are responsible for attending exams as scheduled. You must write the online exams during the scheduled class period. **Be sure to have a reliable internet connection on exam dates.**

If completing an exam at the specified time is not possible or feasible for you, please contact me well in advance of the exam date. Make-up exams will only be offered to students who have made arrangements with me at least 1 full day prior to the exam date, or in the case of urgent, unforeseen emergencies. In the case of such an emergency, you will need to contact me within 3 days of the missed exam to schedule a make-up examination. If you miss an exam and fail to contact me as described, you will receive an “N” mark (failure due to not completing a course requirement) for the course.

If you require special arrangements for exams due to a disability – you must be officially registered with the Centre for Accessible Learning – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. I will automatically be informed of your registration with them and the accommodations you need.

Weekly quizzes (12%)

There will be **a total of 12 quizzes** distributed over the semester – one per content week plus three pre-exam quizzes covering the exam’s corresponding chapters (see schedule below; only your best 8 grades count towards your final grade). The quizzes will be available through Brightspace and will consist of roughly 20 multiple-choice questions. The **chapter quizzes** will be due on **Thursdays at 11:00pm** of the corresponding week. The **three pre-exam quizzes** are meant to give you additional





practice for the exam and are **due on the day before the actual exams** (at 11:00pm). Once you start the quiz (at the latest, you should start it 30 minutes before the 11:00pm deadline), you will have **30 minutes** to complete it and **only one attempt**. This will mirror the testing condition you will experience for the exams (except the exams have more questions and are longer). These online chapter quizzes are meant to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook.

Why are these online quizzes assigned?

1. These quizzes occur on a weekly basis to incentivize students to start learning the course material well in advance of the night before the exam.
2. If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.

Although you're only **required to complete 8 out of 12 quizzes**, you are strongly encouraged you to complete all 12 (only your top 8 marks will count toward your grade!) so as to allow the best chance for high marks (added bonus: they will help you to absorb the material for the exams!).

You are strongly advised to complete the quiz at least one day before the due date of the quiz. That way, you will have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz? - You will have 12 quiz opportunities during the semester but only your best 8 of the 12 will count toward your grade. If you miss one, it can simply be dropped as one of your 4 "freebies." The 8-out-of-12 system is designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time. If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 4 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The "extra" four quizzes are considered as make-up quizzes.

Technical issues or problems completing the quiz? Brightspace will close the quizzes automatically at the designed due dates and times on the schedule. Please make sure you have completed the quiz by this time – due date extensions will not be permitted. We strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** check with the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- **Contact me** if (and only if) the Computer Help Desk is not able to assist you.





Zoom Participation (4%)

Participation is essential for both learning and community. It includes all aspects of interaction, including showing up for the zoom meetings, practicing good netiquette, participating in polls, sharing thoughts and experiences, asking and/or answering questions, and engaging in team discussions.

How is participation graded? As indicated in the schedule below, our zoom meetings on Mondays and Wednesdays will include polling questions, discussion questions and some in-class activities related to the current module. Participation marks will be based on attending and taking part in these activities – your mark is not based on how well or correctly you answer certain questions as some activities may not have a right or wrong answer and rely on personal opinion/ experiences.

Participation starts counting towards your final grade on Monday Sept. 25. You need to attend and participate in 10 out of the 14 “content” classes (excluding review sessions) and you need to answer 75% of the questions in each class to get the full marks – there are no additional make-up participation assignments.

What if you miss a class? Because you only need to participate in 10 out of the 14 zoom classes, the additional zoom classes serve as “make-ups” for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.); we do not offer any additional opportunities, nor will we prorate your grade.

When will you see your participation grade on the Brightspace gradebook? Updated participation grades will be posted to Brightspace (under “Grades”) within one week after Test 1 and Test 2. Final participation totals will be posted shortly after Test 3. If you have a question about your participation points, please address it within 2 business days of Exam 3 as final grades are calculated shortly after Exam 3, and your participation totals, as posted, will be used to calculate your final grade.

Web Surveys (2%)

2% of your final grade will be based on your web survey submission via Brightspace provided links. There are 5 such surveys and you will receive 0.40% (of your final mark) for each survey you complete. We have designed these surveys to obtain information that helps us in designing a course that best suits your needs and to help support your learning. Web surveys will take between 15 – 45 minutes to complete.





Research Methods Assignment (8%)

8% of your final grade is based on an assignment that relates to research methods (i.e., how we gather data in psychology). The assignment will be formatted as a quiz, but it will not be timed. Feel free to use your textbook and notes you've made to support your answering of the questions. Understanding research methodology will allow you to better comprehend the research studies you read about in your textbook and for *your meme reflection assignments*.

Meme Reflection Assignments (20%)

Twenty percent of your grade in PSYC 100A is derived from your contributions to the meme reflection assignments submitted to Brightspace.

- You are required to submit 2 of the 4 possible meme reflection assignments (each one will be worth 10% of your final course grade)
- To give you flexibility you can submit a maximum of 3 of the 4 scheduled meme reflection assignments, and only your best 2 will count.
- If you submit all 4, your 4th submission will not be graded.

Your response should address all the sub-questions, integrate scientific research, demonstrate accurate knowledge of the material, and should not be an unsupported opinion. In other words, you need to do some academic research to support your response! More information about the format of the meme reflection assignments is provided on Brightspace (in the “Assessment Information” section).

Why are meme reflection assignments assigned? - Exams and quizzes assess your learning of material covered in recorded lectures, the textbook, and a bit of supplementary material. The meme reflection assignments are designed with the following goals in mind:

1. To give you an opportunity to ask and answer relevant questions that go beyond what you learn in lectures/ textbook. Curiosity and research are critical components to success in university.
2. To share information and ideas about different topics with your classmates and to learn from the ideas and reasoning of your classmates.
3. To help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning. Effective research and writing are foundational to succeeding in university!
4. To learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references. This will help you in upper year classes as work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style).





What if you miss a deadline for a meme assignment? – Because you only need to complete 2 of the 4 meme reflection assignment options, the additional options serve as “make-up” meme reflection assignments; No additional make-up options will be available if you miss the deadline for a specific week. It is in your best interest to complete the meme reflection assignments scheduled earlier in the term and use the later ones in the term as “supplementary” ones if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency.

Bonus Research Participation (+ 3%)

Students in this course may earn up to 3% extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology will be conducting research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. We encourage you to participate in this research, and as part of this encouragement, we have arranged for you to earn extra credit toward your course mark by participating in approved research.

- By participating in such research projects, you will experience first-hand how psychological research is done. Once your participation in a study is complete, you will receive a full description of the purpose of the research.
- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A departmental committee has reviewed and approved all the projects available to you for bonus points, and the projects have also been approved by the university’s Human Research Ethics Board.
- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance (i.e., the responses you make) will have no effect on your marks.
- You will receive 0.25 points for each 15 minutes (or part thereof) of participation, up to a maximum of 4 points. You may participate in as many projects as you wish, but you will receive no more than 4 points per term, and you may not carry over points from one term to another. Although we have set 4 points to be a maximum, the opportunity to earn all 4 points may not be available, as this depends on the number of research projects requiring participants.
- You may participate in any given project only once. The last day for participation in experiments for extra credit is Monday Dec 4 (5pm).
- If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact Dr. Mugon via email (no later than Oct 17 to arrange for an alternative option involving written assignments).
- **Information about how to sign up for research participation is available on Brightspace.**





Cut- off Points for Final Grades

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

How to do well in this course?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, and assignments. These are designed to help you keep up with the material throughout the semester.

Because extra “make-up” quizzes, and assignments (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, and meme reflection assignments are not arranged. It is therefore important to submit things well before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so that any discrepancies can be resolved early in the semester.

It is also important to check your marks on the exams. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet online in groups of 2-4 people (you can of course be more, but we’ve found that range to be ideal) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that’s one of the best ways to learn!



Weekly schedule and activities (*tentative – subject to minor changes):

Week	Date	Topic	Assigned chapter reading	Assessment and activities Web Surveys (WS) Quizzes – due 11:00pm Assignments – due 11:00pm	Notes
1	W. Sept. 6	Introduction <i>*Follow instructions on Brightspace on how to sign into Zoom for class</i>		Familiarize yourself with our Brightspace page; Review syllabus and associated content; <i>Complete Syllabus Scavenger Hunt to unlock available course material</i>	Suggestion: Submit all quizzes and assignments well before deadlines, to avoid technical issues – late submissions will not be accepted.
2	M. Sept. 11 W. Sept. 13	Consciousness	Ch. 3		
3	M. Sept. 18 W. Sept. 20	Intro to Assignments Research Methods	Ch. 1 – part 1 (p. 22-38)	Watch APA video (on Brightspace) <i>Quiz 1 (Ch. 3) – Thurs. Sept. 21</i>	Sept. 19: last day to drop courses & receive 100% of tuition fees. Sept. 22: last day to add courses
4	M. Sept. 25 W. Sept. 27	Nature, Nurture, and Diversity	Ch. 4* *Stop at p. 150 + readings on BRS	<i>APA assignment Tues. Sept. 26</i> <i>Quiz 2 (Ch. 1 part 1) – Thurs. Sept. 28</i> <i>WS1 Thurs. Sep 28</i>	*Participation marks start counting in M. Sept. 25
5	M. Oct. 2 W. Oct. 4	(NO class) Sensation & Perception	Ch. 6	<i>Research Methods assignment Tues. Oct. 3</i> <i>Quiz 3 (Ch. 4) – Thurs. Oct. 5</i> <i>WS2 Thurs. Oct. 5</i>	Sept 30: National day for Truth and Reconciliation – no class on Mon. Oct. 2
6	M. Oct. 9 W. Oct. 11	(NO Class) Sensation & Perception	Ch. 6	<i>Meme assignment Option 1 (Ch 3, 1, 4) Tues. Oct 10</i> <i>Quiz 4 (Ch. 6) – Thurs. Oct. 12</i> <i>Pre test Quiz 5* (Pre-test 1 quiz Ch. 3, 1 (p. 22-38), 4, 6) – Sun. Oct 15</i>	Thanksgiving on Monday – no class Oct 10: last day to drop courses & be reimbursed 50% of tuition fees





7	M. Oct. 16 W. Oct. 18	Test 1 – Oct 16th Memory	Ch. 8	Test 1 covers Ch 3, 1 (p. 22-38), 4, 6. Tests are held in Brightspace anytime from 5:00 – 7:30pm WS3 Thurs. Oct. 19	Oct 18: Final day to submit request for alternative to research participation credit	
8	M. Oct. 23 W. Oct. 25	Memory The biology of the mind	Ch. 8 Ch. 2	Meme assignment Option 2 (Ch 6, 8) Tues. Oct. 24 Quiz 6 (Ch. 8) – Thurs. Oct. 26		
9	M. Oct. 30 W. Nov. 1	The biology of the mind Learning	Ch. 2 Ch. 7	WS4 Thurs. Nov. 2 Quiz 7 (Ch. 2) – Thurs. Nov. 2	Oct 31: last day to drop courses without penalty of failure	
10	M. Nov. 6 W. Nov. 8	Learning Thinking and Language	Ch. 7 Ch. 9	Meme assignment Option 3 (Ch 2, 7) Tues. Nov 7 Quiz 8 (Ch. 7) – Thurs. Nov. 9 Pre-test Quiz 9 (Ch 7, 2, 8)* – Sun. Nov. 19		
11	M. Nov. 13 W. Nov. 15	READING BREAK				
12	M. Nov. 20 W. Nov. 22	Test 2 Thinking and Language	Ch. 9	Test 2 covers Ch. 8, 2, 7. Tests are held in Brightspace anytime from 5:00 – 7:30pm Quiz 10 (Ch. 9) – Thurs. Nov. 23		
13	M. Nov. 27 W. Nov. 29	Prologue Chapter 1 part II; Careers in Psychology	Prologue Ch. 1 Part II (p. 38-41)	Meme assignment Option 4 (Ch 9, Prologue) Tues Nov 28 Quiz 11 (Ch. 1 (p. 38-49) + Prologue) – Thurs. Nov. 30 Pre- test Quiz 12 (Ch. 9, 1 (p. 38-49), Prologue)* – Sun. Dec. 3 WS5 Thurs. Nov. 30		
14	M. Dec. 4	Test 3 – Dec. 4th		Test 3 covers Ch 9, 1 (p. 38-49), Prologue. Tests are held in Brightspace anytime from 5:00 – 7:30pm	Last day for Research Bonus Points: Mon Dec 4 by 5pm	



Important considerations:

Respect for Diversity: It is my intent that students from all diverse backgrounds be well-served by this course, that students' learning needs be addressed, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials that are respectful of diversity: gender, sexuality, disability, age, socio-economic status, ethnicity, race, and culture. Your feedback and suggestions are encouraged and appreciated – not only at the end of the semester through the Course Evaluation Survey, but also throughout the term. Please do not hesitate to talk to me regarding effective learning and respectful conduct.

Academic Integrity: You are responsible for familiarizing yourself with the University of Victoria's [Policy on Academic Integrity](#). Violations of this policy include plagiarism, unauthorized collaboration, and other forms of cheating. At minimum, the penalty for any instance of these behaviours will be a grade of 0% on the assignment or exam in question. The course penalty for more extensive violations of this policy will be a failing grade for the class.

- At the beginning of this course, you will sign an academic integrity pledge through Brightspace. All quizzes, assignments, and exams are conditional on that pledge.
- NOTE that quizzes and exams in this class are open-book. This means that you ARE permitted to access the textbook, the lectures, and your notes while taking the tests. However, you are NOT permitted to access additional resources or use the internet. In addition, these are individual assessments – collaboration or sharing of information regarding the quizzes and exams is in violation of the university's academic integrity policy. Assignments are also individual assessments. Furthermore, in reporting other people's work (i.e. research papers you select), you need to use your own words and cite sources accordingly.

Copyright Statement: All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with a ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300).

Below is information from UVic about various resources for student wellness, and important academic dates and policies.



BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health.

There are lots of benefits to joining clubs, course unions, intramurals and teams on

campus. <https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services: The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

Health Services: The Student Wellness Centre also provides a full service primary health clinic for students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

Centre for Accessible Learning: The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations www.uvic.ca/services/cal/. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>

Sexualized Violence Prevention and Response at UVic: The University of Victoria takes sexualized violence seriously and has standards for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting: www.uvic.ca/svp

If you or someone you know has been impacted by sexualized violence and needs information, advice, or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR).

Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out to the Sexualized violence resource office in EQHR, Sedgewick C119; Phone: 250.721.8021; Email: svpcoordinator@uvic.ca Web: www.uvic.ca/svp



UNIVERSITY OF VICTORIA

Department of Psychology

Important Course Policy Information

Fall Session 2023

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca



Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

¹ Syllabi belong to the department through which the course is administered.
PSYC 100A_A04_Fall 2023_Syllabus to psyc office



Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment). The Department reserves the right to use AI detectors.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Fall 2023.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites **ARE NOT** exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.



Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the [“In-Course Extension Form”](#) and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- **What to do if you miss the final exam scheduled during the formal exam period**
Apply at Records Services for a [“Request for Academic Concession”](#), normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.
- **What to do if you require additional time to complete course requirements beyond the normal term.**
Apply at Records Services for a [“Request for Academic Concession”](#), normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you’d like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students’ Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!



Academic Important Dates
Fall session – first term (September – December)

Wednesday, September 6 th	First term classes begin for all faculties
Tuesday, September 19 th	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Friday, September 22 nd	Last day for adding courses that begin in the first term
Saturday, September 30 th	Last day for paying first term fees without penalty
Monday, October 2 nd	University Closed (National Day for Truth and Reconciliation, September 30 th)
Monday, October 9 th	University Closed (Thanksgiving Day)
Tuesday, October 10 th	Last day for 50% reduction of tuition fees for standard courses
Tuesday, October 31 st	Last day for withdrawing from first term courses without penalty of failure
Monday, November 13 th	University Closed (Remembrance Day, Nov 11 th)
November 13 th - 15 th	Reading Break for all faculties
Monday, December 4 th	Last day of classes in first term for all faculties
Monday, December 4 th	National Day of Remembrance and Action on Violence Against Women - (Classes and exams cancelled from 11:30am - 12:30pm)
Thursday, December 7 th	First-term examinations begin for all faculties
Wednesday, December 20 th	First term examinations end for all faculties
December 25 th - 31 st	University Closed (Winter Break)

Add and drop dates for standard 2023-2024 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
First term	Sep 6	Dec 4	Sep 19	Sep 22	Oct 10	Oct 31
Second term	Jan 8	Apr 8	Jan 21	Jan 24	Feb 11	Feb 29

