



# Grey Matters!

University  
of Victoria

Retirees  
Association

Summer 2016

<http://web.uvic.ca/retirees>

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(250) 472-4749

Office: R Hut 108

Open: 1:30-3:30 M-F



## AGM news

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Looking for information about the Annual General Meeting held on June 1, 2016? There are two ways you can receive it. First, call the office and request printed copies be sent to you. Or if you a more technically savvy, then use these links to directly access the reports:

- [Minutes from 2015 AGM](#)
- [President's Report](#) - Peter Liddell
- [Treasurer's Report](#) - Dick Chappell
- [Benefits Committee Report](#) - Winona Pugh
- [Communications Committee Report](#) - Melvin Klassen
- [Membership Committee Report](#) - Zulette Gordon
- [Social Events Committee Report](#) - Jane Milliken
- [UVRA Elder Academy Report](#) - David Docherty
- [Masterminds Report](#) - Geri Van Gyn
- [Newsletter Report](#) - Lois Holizki
- [Office Report](#) - Peter for Lou & Sandra
- [United Way Campaign Report](#) - Grant Hughes
- [University Club Representative](#) -- David Leeming
- [Motions to revise Constitution and Bylaws](#)
- [Constitution and Bylaws Revision \(2016\)](#)
- [Nominating Committee Report](#) - David Docherty

To contact the office call 250-472-4749 or drop by R Hut, Room 108.

## New Members for 2015-2016

Welcome to our new members this year!

<b>Last Name</b>	<b>First Name</b>	<b>Department or University if not UVic</b>
Adams	Shelia	Medieval Studies
Anderson	John	EPLS
Anthony	Robert	Education
Card	Charles (Raldo)	Physics & Astronomy
Carlin	Claire	French
Chan	Stella	Psychology
Chappell	Neena	Sociology
De Decker	Ludgard	President's Office
DeRosenroll	David	EPLS
Douglas	Brian	Computer Science
Fillion	Michelle	Music
Finlay	Joy	Education
Horspool	Robert Nigel	Computer Science
Howard	Lloyd	Hispanic & Italian Studies
Kerr	Mary	Theatre
King	Hubert	Engineering
Laboissiere	Albert	Biochemistry
MacNeil	Morag	USEC
McGee	Phyllis	Institute on Aging & Lifelong Health
Nelson	Katy	Library
Newton	Robert	English Language Centre
Oliver	Wayne	Systems
Parker	Stephen	Health Services, Athletics & Recreation
Prichet	Chris	Physics
Quong	Elizabeth	Director, UVic Family Centre
Ranger	Louis	Music
Rifat	Sandra	University of Toronto
Robb	Russell	Physics & Astronomy
Sager	Eric	History
Schmidt	Louise M.	Philosophy
Schreiber	Rita	Nursing
Schuller	Robert	English
Scott	Daniel G.	SCYC
Sly	R. Bentley	Facilities Management
Thibaudeau	Sandra	University of Montreal
Valeri	Dino	FMGT
Wadge	Christine	French
Wallace	Janice	University of Alberta
Warren	Sharon	Co-op
Welsh	Christine	Women's Studies
Willis	Vernon	Champlain College
Wyeth	Margaret	Mathematics & Statistics

## University Club

### **BREAKING NEWS!**

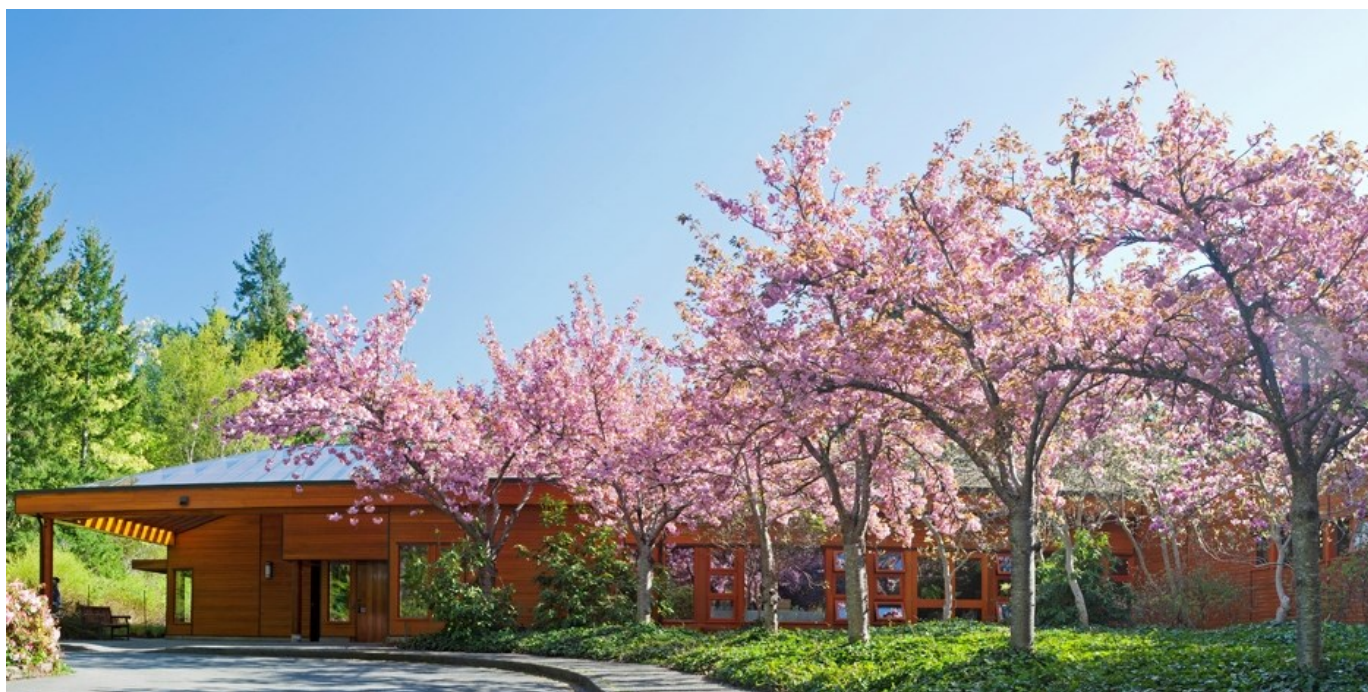
### **UNIVERSITY CLUB APPROVES 12 MONTH FREE (FIRST-TIME) MEMBERSHIPS FOR UVRA MEMBERS**

At the Annual General Meeting of the University Club on June 30, 2016, the UClub Membership approved 12 month free memberships in the UClub (first-time members) for members of the UVRA. This significant benefit to UVRA members successfully concludes an agreement negotiated between the UVRA Executive and the UClub. Thanks to Peter Liddell and David Leeming for their efforts.

Now it is up to the UVRA Membership to take advantage of this offer - at no cost - for 12 months. After that, UVRA Members will still be entitled to the 25% membership discount on UClub Membership. Please give this offer your most serious consideration. The 12 month free membership can start at any time.

UVRA Members can contact the UClub Office Manager Debra Koski at [debrak32@uvic.ca](mailto:debrak32@uvic.ca) or phone her directly at 250-472-5302.

Please remember the free membership is not available if you currently have a membership! Now is a great time to join the UClub. Check out the summer regular features and special events on their website <[club.uvic.ca](http://club.uvic.ca)>.





# A Strategic Approach for Improving Ecosystem Health in Elk and Beaver Lake

by Mick Collins and Robert McConnell, Co-Chairs Elk/Beaver Lake Initiative, Victoria Golden Rods and Reels Fishing and Social Club [www.goldenrodsandreels.com](http://www.goldenrodsandreels.com) — March 2016

Enquires to Mick Collins [mickcollins@shaw.ca](mailto:mickcollins@shaw.ca)

On October 29, 2015 over 200 people attended a public forum at the University of Victoria co-hosted by Victoria Golden Rods and Reels and the UVic Environmental Law Centre (ELC). The purpose was to update participants on water quality issues in Elk/Beaver Lake and discuss potential remediation measures. Ten stakeholder organizations set up booths to highlight their activities and three speakers gave presentations and fielded questions, moderated by Calvin Sanborn, ELC Legal Director.

This event marked the culmination of two years of collaborative scientific research between governments, academic and non-profit organizations. A video of the event, speaker PowerPoint presentations, and recent reports are located at

<http://colquitzcoalition.com/publications-and-data>



## EVENT

**Saturday September 24, 2016      8:30am to 4:30pm**

Victoria Rowing Society Boathouse 5100 Pat Bay Highway, Victoria BC V8Y 2T6

Schedule: 8:30am to 10:30am Aquatic Weed Identification Workshop with Dr. Rick Nordin, BCLSS

10:30am to Noon	Demonstration and lake survey
Noon to 1pm	Lunch
1pm to 4pm	Lake Survey
4pm to 4:30pm	Data submission and de-briefing

**Free registration and complimentary lunch and refreshments.**

Please register by email: [info@bclss.org](mailto:info@bclss.org)



## Do you have photos of UVic or others you are willing to share?

Would you like to contribute to Grey Matters? We would love to have your photographs to use on the cover page. They could be of any of the campus, any UVRA events, or things you find fascinating. We would love to include you as part of the newsletter team! Please contact the editor at [uvra@uvic.ca](mailto:uvra@uvic.ca)



## *Are you a UVic retiree willing to volunteer a few hours a month?*

The UVic Retirees Association (UVRA) needs to staff its office in R Hut afternoons from 1:30 to 3:30 p.m. If you can help, we'd appreciate it.

Volunteers will be given instructions and direction prior to their first shift. If you don't already have a parking pass, free parking is available in a Centre on Aging designated spot—but please notify the office you are there.

The office isn't a busy one but there are tasks that need to be done! If you are interested, please email your availability and contact information to [uvra@uvic.ca](mailto:uvra@uvic.ca).

*Get*  
**Involved**

## The Year in Review



The Diwali Lunch,  
Diwali, also known as 'The Festival of Lights', is an ancient Hindu festival celebrated in autumn every year. November 13, 2015



*World War I in Victoria: A City Goes to War.*, a lecture presented by Jim Kempling, a retired Colonel from the Canadian Army and a current PhD student in History at UVic . October 15, 2015



Our annual Christmas Luncheon at the University Club. December 11, 2015







## “Working Memory” Dementia Diagnosis Study

Volunteers needed to help with diagnostic testing for dementia.

You will be asked to assist in the testing of 20 participants every two months for one year. Participant walks back and forth in a 40 foot straight path while simultaneously carrying out cognitive tasks such as counting backwards by sevens wearing a one-ounce gyro sensor strapped to their ankle.

This study is based on 11 years of peer reviewed research.

**For more information, contact:**  
Professor Nigel Livingston, (250) 721 7121 or [njl@uvic.ca](mailto:njl@uvic.ca)  
Co-Investigator Bill Hook, (250) 743 4469 or [wrogershook@gmail.com](mailto:wrogershook@gmail.com)  
School of Public Health & Social Policy, University of Victoria

HREB application to VIHA/UVic is in preparation



## Grey Matters submission and publications dates

Please note that while we endeavour to meet these deadlines it is not always possible.

**Next issue:** January 2017

**Please submit content by:** December 17, 2016

**Published by:** January 10, 2016

## *Editor's Note*

I would like to take this time to thank everyone who has provided information for the newsletter over the last year...and to those who will provide more information over the next year.

The list is not long but the thanks are heart felt, especially for those who made the deadlines!

Melvin Klassen  
Victor Neufeldt  
Jane Miliken  
David Lemming  
David Docherty  
Patty Pitts  
Grant Hughes  
Lou Schmidt  
Peter Liddell

The next issue of the newsletter will be my last. I have truly enjoyed learning more about the other UVRA members and all the activities you are involved in.

Submitted by Lois Holizki

### Masterminds Lecture Series

The UVic Retirees Association and the Institute on Aging and Lifelong Health  
will present a series of free lectures in 2017

Wednesday evenings in April

**When:** 7:00 pm to 8:30 pm

**Where:** University of Victoria campus

Details will soon be available on  
the Institute on Aging and Lifelong Health's website, [www.uvic.ca/aging](http://www.uvic.ca/aging)