

## **UVRA ELDER ACADEMY REPORT**

### **FOR AGM 2019**

#### **Nutrition: How food can affect your health! June 2018**

Organized by David Docherty, with Greg Mulligan presenting, 60 persons greatly enjoyed this most timely event.

#### **Robert Bateman Presentation: January 2019**

By accepting David Docherty's invitation, Mr. Bateman made it possible for over 300 people to hear him talk about his life and work.

#### **The Aging Body: Tips on how to enhance its performance: January 2019**

Organized by Louise Schmidt, four presenters discussed, to a 75+ audience, how a person ages and what can one do to about it.

#### **Ocean Networks Canada: Our Changing Ocean. February 2019**

Four presenters introduced, to an audience of 60+, some ocean issues important to our society and discussed how technology facilitates the understanding our changing ocean.

#### **Artificial Intelligence: The Promise and the Perils: March, 2019**

Organized by Peter Liddell, this 3-part series, presented by experts in their fields, discussed both pros and cons of A.I.

Respectfully submitted by Louise Schmidt