

SHIFT YOUR PRACTICE...

# EMBED A PALLIATIVE APPROACH



iPANEL

INITIATIVE FOR A  
PALLIATIVE APPROACH IN NURSING:  
EVIDENCE & LEADERSHIP

A palliative approach takes principles of palliative care and

**EMBEDS** practices into usual care in settings that do not specialize in palliative care

**ADOPTS** them EARLY in the course of a person's life-limiting condition

**ADAPTS** strategies to meet patient and family needs

## HOW CAN LEADERS EMBED A PALLIATIVE APPROACH?

**E**nable support for early integration in  
and across settings

**M**andate processes for patient and family perspectives  
to be sought and communicated



**B**uild confidence and competence by interactional  
education, mentorship and peer support

**EMBED** **E**nsure access to resources, mentors and  
specialist palliative care teams

**D**edicate time for providers to be involved in creating  
practical tools and processes for their setting

### Where?

In all settings, across the  
continuum of care

### When?

Early in the course of a  
chronic life-limiting  
condition

### Who?

Everyone working with  
people with life-limiting  
conditions

## WHY?

In Canada,  
~**250,000**  
people die  
each year



Of these – 72% result from chronic life-limiting conditions  
such as organ failure, cancer, dementia, and frailty...

Most were cared for and died outside of  
specialized palliative care...

This means over 180,000 Canadians per year  
could benefit from a palliative approach

Sawatzky, Porterfield, Lee, Dixon, Lounsbury,  
Pesut, Roberts, Tayler, Voth & Stajduhar (2016).  
Conceptual foundations of a palliative approach: A  
knowledge synthesis. *BMC Palliative Care*, 15(5).  
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Statistics Canada. *Table 102-0561 Leading causes  
of death, total population, by age group and sex,  
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March 9, 2017. [www5.statcan.gc.ca/olc-cel/olc.action?ObjId=84-215-X&ObjType=2&lang=en&Limit=1](http://www5.statcan.gc.ca/olc-cel/olc.action?ObjId=84-215-X&ObjType=2&lang=en&Limit=1)  
(accessed August 2, 2017).

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