



University  
of Victoria

Centre for Studies in  
Religion and Society

# SCHOLARS IN THE SQUARE



Mar Grier



## Challenging Misconceptions: Bridging Scholar and Practitioner Insights into Holistic Spirituality

While many critics view holistic spirituality as a handmaiden of conformity, consumerism, and individual passivity, this talk explores how contemporary spiritual practices can also foster a deep critique of many of the most pressing problems of our time. By examining case studies in Catalonia and Uruguay, I illustrate how these spiritual practices engage with intertwined issues of bodily and planetary toxicity. In fact, the experiences of scholar-practitioners have helped scholars see the ways holistic spiritualities often advance quite critical personal practices and collective projects, offering alternative pathways for engaging with health, ecology, and social transformation.

**Mar Grier** is Professor of Sociology at the Universitat Autònoma de Barcelona. Her research focuses on the intersection between religion, spirituality, identity and politics in contemporary Europe.

26 SEPT 2024  
5:00–6:15pm PT

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