Vikes Fit Week October 2-6

Kick Off Employee Wellness Month With a Chance to Win A Free Vikes Fit Membership!

Name:_____

Phone:_____

Email:

Activity Stamp

Or Wellness

Activity:____

(Drop off entry in raffle Box at CARSA or HR Dept.

or email entry to <u>hradmin@uvic.ca</u> by Oct. 11)