



Track your admission requirements on this Pre-Admission Worksheet

Questions? Contact Education Advising: adve@uvic.ca

Name: _____

Secondary B.Ed. Post-Degree Professional Program (September 2025 entry)

Physical & Health Education teachable subject area

UVic student #: _____

University
of Victoria
Education

Program admission requirements

1. Admissibility to the university. Undergraduate Admissions Services determines eligibility for admission to UVic.
2. An acceptable undergraduate bachelor's degree recognized by Undergraduate Admissions Services.
3. 3 units of approved English literature (or English literature and academic composition).
4. Demonstrated competency in written English (an English grade requirement; see page two).
5. Approved academic studies in one or two teachable subjects relevant to the BC curriculum. A list of available subjects is provided on the website below.
6. Applicants must satisfy the experience requirement described on the program website below. Eligible applicants may also be invited to attend an interview.
7. See the grade point average (GPA) requirements described on page two.

→ In the fall, go to the program website for application instructions and information for the following year's September intake:

www.uvic.ca/education (→ Programs → Teacher Education → B.Ed. Secondary Post-Degree Professional Program)

Notes

- Admission requirements are subject to change for future intakes. Please watch for updates on the program website linked above.
- A 1.5-unit course (equivalent to 3-4 credits at most institutions) meets for at least 3 hours per week for 13 weeks (one term).
- At UVic, 'upper-level' refers to 300 and/or 400-level courses normally taken in third and fourth year after introductory studies.

Teachable subject area: Physical & Health Education

To qualify for this teachable subject area, you will need the 15 units of specified courses below. Those who have completed equivalent course work elsewhere may also be eligible for admission (course descriptions or outlines will be needed). Optional: combine this with another teachable subject area.

UVic students may explore taking the courses listed below as follows:

- a) within any faculty's first-degree program either as electives or as the *Minor in Physical & Health Education*, or
- b) as part of the Faculty of Education's *Recreation & Health Education* degree program (leading to a *Major in Physical & Health Education*), or
- c) as part of the Faculty of Education's *Kinesiology* degree program, or
- d) as non-degree (non-program) studies if a bachelor's degree has already been completed.

Consult the academic adviser for your chosen degree program to find out if these courses may be used in your first degree. Some programs above have admission requirements and application deadlines (for example, b and c).

You will find the BC secondary Physical and Health Education curriculum documents on the BC Ministry of Education's website.

	UVic units	INP or Grade
EPHE 201 Qualitative Analysis of Human Movement	1.5	
EPHE 245 Motor Learning	1.5	
EPHE 246 Strategies for Active Health	1.5	
One of EPHE 350 (formerly 250) Children and Youth with Special Needs in Physical Activities ¹ OR EPHE 346 Motor Development and Physical Maturation ¹	1.5	
EPHE 352 Introduction to Physical Activity Instructional Techniques ¹	1.5	
EPHE 260 (formerly 360) Exercise Prescription – see prerequisites ^{1,2} OR EPHE 345 Health Education for Children and Youth	1.5	
EPHE 452 Strategies for Games in Physical Education ^{1,3}	1.5	
4.5 units of Skill Performance and Analysis (SPA) studies. Write your course numbers to the right.		
Choose 9 of the following 0.5-unit courses.		
EPHE 105 Swimming, 106 Track and Field, 107 Gymnastics, 109 Dance, 113 Golf, 114 Creative Dance*,	0.5	0.5
116 Badminton, 117 Tennis, 119 Contemporary Dance*, 120 Basketball, 121 Soccer, 122 Volleyball,	0.5	0.5
123 Rugby, 124 Field Hockey, 125 Softball*, 126 Orienteering, 133 Strength Training, 134 Yoga,	0.5	0.5
135 Martial Arts*, 136 Lacrosse*, 137 Experiential Outdoor Education.	0.5	0.5
*No longer offered (acceptable if previously taken).		
You may also choose from the following 1.5-unit courses towards this 4.5-unit requirement:		
EPHE 362 Principles of Strength and Conditioning, EPHE 437 Net Games, EPHE 439 Study of Gymnastics, and EPHE 487 - Special Topics (must be a Skill Performance Topic).	0.5	
<input type="checkbox"/> Minimum B- (UVic 4.00) average required on 9 units (all 300 and 400-level courses plus 200-level studies to bring the total to 9 units)		

¹ Be sure to read course descriptions (www.uvic.ca/calendar) to check for prerequisites and consult the timetable (www.uvic.ca/timetable) to check for enrolment restrictions before attempting to register in these courses. You may require special permission from the School of Exercise Science, Physical and Health Education. Please contact epheprogassst@uvic.ca to request permission to register in EPHE course(s) which have enrolment restrictions or if you have questions about course prerequisites.

² **Plan ahead: The prerequisites for EPHE 260 (normally offered fall term) are: EPHE 141 Human Anatomy followed by EPHE 160 Introduction to Human Systemic Physiology (formerly EPHE 241, EPHE 241B).** Anatomy/physiology courses completed elsewhere will also be considered by the School of Exercise Science, Physical and Health Education towards this prerequisite requirement.

³ EPHE 352 is recommended before EPHE 452.

Reviewed by Adviser: _____

Date: _____

Admission requirements

Undergraduate Bachelor's Degree

Undergraduate Admissions Services will confirm whether you have a recognized undergraduate bachelor's degree upon UVic application.

I was awarded a Bachelor's degree by (name of university) _____ in (month/year) _____

My Bachelor's degree is in-progress. I expect to graduate from (name of university) _____ by (month/year) _____

My major is: _____ My minor, if applicable, is: _____

Please list all other post-secondary institutions attended. Include Advanced Placement and International Baccalaureate if applicable.

1. _____ 3. _____
2. _____ 4. _____

Approved English (2 courses, each worth 1.5 UVic units)

English (two literature courses OR one literature course with one academic composition course) (3 units):

Two from **ENSH 101**=literature (formerly ENGL 146), **ENSH 102**=literature (formerly ENGL 147), **ATWP 135**=composition (formerly ENGL 135).

IMPORTANT: If you have not yet satisfied UVic's "Academic Writing Requirement" then at least one of these two courses must be an AWR-designated course so that you satisfy this university-wide requirement. See "Academic Writing Requirement" in the online UVic Undergraduate Academic Calendar.

- If you otherwise satisfy the UVic "Academic Writing Requirement" above, then: other, similar courses in English literature or composition topics will be considered. The following are also acceptable as English literature:
ENSH 210, ENSH 211, ENSH 212, ENSH 213, ENSH 223A, ENSH 223B, ENSH 224, ENSH 250, ENSH 251, ENSH 253, ENSH 254, ENSH 255.
Note: While courses with similar titles at other colleges/universities might not be acceptable, the following UVic courses are also approved English literature: ENSH 200, 220, 221.
- Foundational/preparatory courses below the level of ENSH 101, ENSH 102, and ATWP 135 are not acceptable. For example, ATWP 101 (formerly ENGL 101) and ATWP 110 are **not** approved.
- Technical writing, communications and creative writing courses are not accepted (e.g. do **not** take ENSH 202 or a WRIT/writing course for this requirement).

Two approved English courses:

Notes

Literature: _____ INP COM & grade is: _____

Literature or composition: _____ INP COM & grade is: _____

Written English Competency Requirement

This will be satisfied with a grade of UVic 3.00/C+ or higher in each of two approved English courses above.

Satisfied Not yet satisfied Notes: _____

Grade Point Averages

To be considered for selection by the faculty, you will need to satisfy the following minimum GPA requirements:

- An average of at least UVic 3.00/C+ on the most recent sessional GPA of 30 units of graded studies attempted to December.
- An average of at least UVic 3.00/C+ on the most recent sessional GPA of 12 units of graded studies attempted.
- An average of at least UVic 4.00/B- on the specified courses included in the teachable subject area(s).

The GPA that will be included as part of applicant selection criteria for this intake will be the most recent sessional GPA of 12 units of graded studies attempted to December 31, 2024.

Applicants' GPAs are calculated by Undergraduate Admissions Services upon application.

Information about UVic's 9-point grade scale and a sample GPA calculation is available at www.uvic.ca/registrar/students/policies/calc.

Application Deadlines

Application deadline	Applications are accepted during the fall term and up to: January 2
Experience requirement and supporting documents	January 2
Document deadline (including all official transcripts showing grades to December 31 and in-progress registrations to April 30)	January 31*
Completion of all academic admission requirements including a bachelor's degree	April 30
Final document deadline (official transcripts showing grades for courses completed to April 30)	May 31*

Application instructions are provided on the Faculty of Education's program website (see page one) from **September** to January annually.

* The above application instructions include important information about all required official transcripts.